

# **Adaptive Psychophysical Methods**

# Outline

- **Simple Up-Down Method (also known as Staircase Method)**
- **Transformed Up-Down Methods**
  - ◆ **Overview**
  - ◆ **The 3-interval 1-up 3-down Method**
- **Interleaved Adaptive Methods**
  - ◆ **Double-Random Staircase (i.e., interleaved simple up-down method)**
  - ◆ **Interleaved 3I 1-up 3-down method**

# What Do We Mean by “Adaptive”?

- The stimulus intensity level on any one trial is determined by the preceding stimuli and responses
- *Do we already know any adaptive method?*

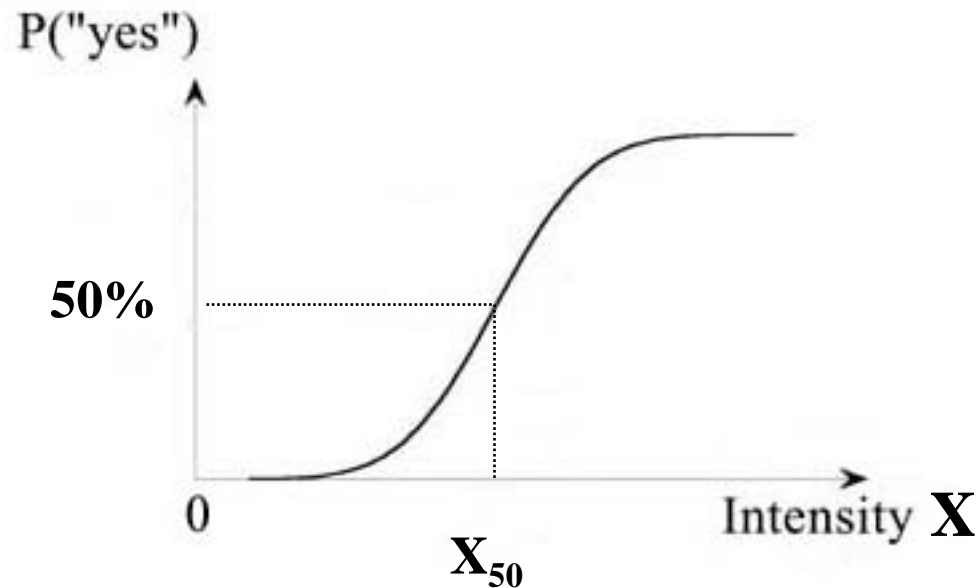
# Why Adaptive Method?

- Compared with other methods (e.g., constant stimuli, signal detection), adaptive method places most of the stimuli at intensity levels close to the threshold that is being measured
- Adaptive method allows for more *efficient* estimation of thresholds

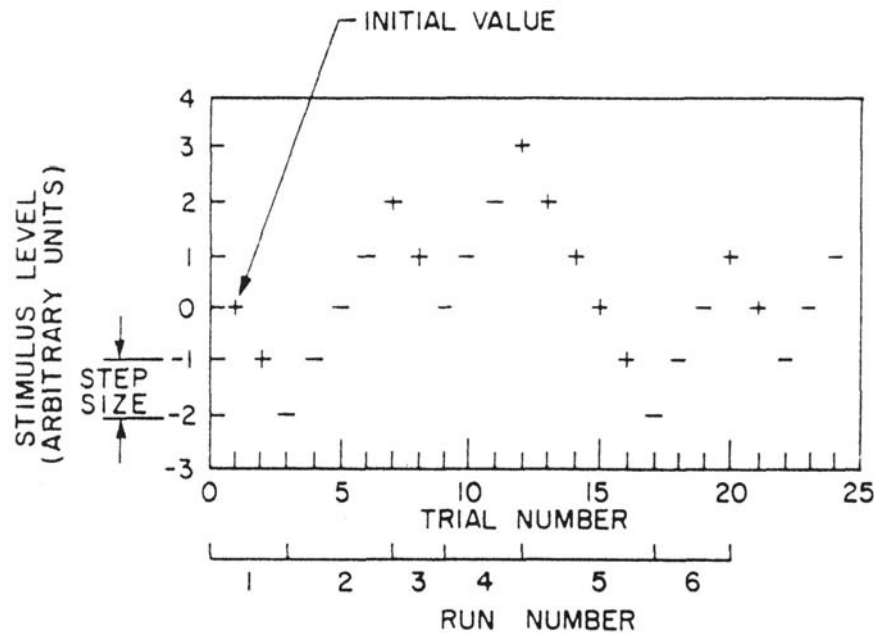
# Simple Up-Down Method (Staircase Method)

- Adaptive methods reduce the number of trials at the stimulus intensity levels at which the proportion of responses YES is close to zero or close to one.
- Staircase method is analogous to the method of limits, *except that*
  - ◆ an ascending (descending) sequence does not terminate after the first reversal from NO to YES (YES to NO) response.
  - ◆ Instead, the experiment continues until many reversals are obtained around the value to be estimated.

- **Staircase method estimates the 50% point of the psychometric function.**



# Data Analysis (Staircase Method)



- The concept of *initial value*, *step size*, *run*
- Estimate of  $X_{50}$ : midpoint of every 2<sup>nd</sup> run; or equivalently, average of peak-valley pairs.

# Discussion of the Simple Up-Down (Staircase) Method

## ■ Advantage

- ◆ Most stimulus intensity levels are placed around  $X_{50}$

## ■ Disadvantage

- ◆ Difficulty with steps that are too small (takes forever) or too large (low precision)
- ◆ Can't estimate levels other than  $X_{50}$ 
  - ☞ Solution: Transformed Up-Down Methods (see also 10/18/05)
- ◆ Subject can anticipate the stimuli and adjust responses accordingly
  - ☞ Solution: Double-Random Staircase Method (see 10/18/05)



# Adaptive Step Size

- **At the start of an experiment, a large step size is used**
- **The step size is gradually decreased during the course of the experiment**
  - ◆ **Robbins and Monroe (1951):  $c/n$  ( $c$ : constant,  $n$ : trial number)**
  - ◆ **Half the step size after a fixed number of trials**
- **When in doubt, aim at a larger initial step size**
  - ◆ **Efficiency is reduced by 25% if initial step is twice the optimum value**
  - ◆ **Efficiency is reduced by 100% if initial step is half the optimum value.**

# Transformed Up-Down Methods

- **Transformed methods are used to estimate percentile points other than 50%. The stimulus level is increased or decreased after specific sequences of stimuli and responses.**

# Comparing the Simple and Two Transformed Up-Down Methods

	Simple	Transformed (70.7% percentile) 1-up 2-down	Transformed (84.1 percentile) 1-up 4-down
Increase Level after	-	+ - or -	+ + + - or + + - or + - or -
Decrease level after	+	+	+
$P(\text{UP})=P(\text{DOWN})=.5$	$P(X)$	$[P(X)]^2$	$[P(X)]^4$
$P(X)$	<b>0.5</b>	<b>0.707</b>	<b>0.841</b>

# References

- Macmillan, N. A., & Creelman, C. D. (2004). *Detection Theory: A User's Guide* (2nd ed.). New York: Lawrence Erlbaum Associates.