Characterization of engineered tissue construct mechanical function by magnetic resonance imaging

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Abstract

Non-invasive magnetic resonance imaging (MRI) is a technology that enables the characterization of multiple physical phenomena in living and engineered tissues. The mechanical function of engineered tissues is a primary endpoint for the successful regeneration of many biological tissues, such as articular cartilage, spine and heart. Here we demonstrate the application of MRI to characterize the mechanical function of engineered tissue. Phase contrast-based methods were demonstrated to characterize detailed deformation fields throughout the interior of native and engineered tissue, using an articular cartilage defect model as a study system. MRI techniques revealed that strain fields varied non-uniformly, depending on spatial position. Strains were highest in the tissue constructs compared to surrounding native cartilage. Tissue surface geometry corresponded to strain fields observed within the tissue interior near the surface. Strain fields were further evaluated with respect to the spatial variation in the concentration of glycosaminoglycans ([GAG]), critical proteoglycans in the extracellular matrix of cartilage, as determined by gadolinium-enhanced imaging. [GAG] also varied non-uniformly, depending on spatial position and was lowest in the tissue constructs compared to the surrounding cartilage. The use of multiple MRI techniques to assess tissue mechanical function provides complementary data and suggests that deformation is related to tissue geometry, underlying extracellular matrix constituents and the lack of tissue integration in the model system studied. Specialized and advanced MRI phase contrast-based methods are valuable for the detailed characterization and evaluation of mechanical function of tissue-engineered constructs. Copyright © 2009 John Wiley & Sons, Ltd.

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1. Introduction

Magnetic resonance imaging (MRI) is a non-invasive experimental technique that is capable of characterizing multiple physical phenomena in living tissue (Haacke et al., 1999). Classical measures of spin density and relaxation rates (e.g. $T_1$ and $T_2$) characterize the morphology and local nature of interacting protons and molecules. Other MRI methods permit the separation of water and fat signals in spatially localized tissue regions as well as the calculation of magnetization transfer, diffusion and flow.

MRI has been used to assess tissue engineered constructs for the replacement and regeneration of diseased or damaged tissue. A functional assessment of meniscal cartilage included measurements of perfusion and flow in a bioreactor system for the optimization of tissue properties (Neves et al., 2003). Integration of articular cartilage with a hydrated polymer gel was investigated using $T_2$ as a measure of effectiveness (Ramaswamy et al., 2006). Additional studies further utilized $T_2$ measures (Watrin-Pinzano et al., 2004; Terrovitis et al., 2006;
2. Methods

2.1. Hydrogel constructs

Articular chondrocytes extracted from native articular cartilage were used in the creation of hydrogel constructs. Articular chondrocytes were acquired from 3 month-old bovine stifle (tibiofemoral) joints obtained from a local abattoir within 6 h of sacrifice (Figure 1). The joints were opened under aseptic conditions to expose the femoral condyles. A scalpel was used to shave off the top 2–3 mm from the medial and lateral condyles. After rinsing the tissue slices with phosphate-buffered saline (PBS) containing antibiotic solution, full-thickness chondrocytes were isolated by digestion with 0.2% collagenase-P (Roche Pharmaceuticals, Nutley, NJ, USA) for 5 h (Luyten et al., 1994). Isolated chondrocytes in monolayer cultures were plated at a high density (1 × 10^6 cells/ml) in 10 cm diameter culture plates. For monolayer cultures, the cells were placed in chemically-defined low-glucose Dulbecco’s modified Eagle’s medium (D-MEM; Invitrogen, Carlsbad, CA, USA): nutrient mixture F-12 (Ham) in 1:1 ratio, supplemented with 0.1% bovine serum albumin, 100 units/ml penicillin, 100 μg/ml streptomycin, 50 μg/ml ascorbate-2-phosphate and 10% fetal bovine serum (FBS; Invitrogen). Cells were expanded over 1 week and one passage to confluency.

Hydrogel constructs were created using agarose and articular chondrocytes. Agarose was specifically chosen for this simple model system (to demonstrate the MRI deformation methods) considering the high water content of cartilage tissue [accounting for more than 80% of the wet tissue weight at the surface and 65% in the deep zone (Mow et al., 1992)] and the ability to vary the construct stiffness depending on the agarose concentration. Chondrocytes were released from culture plates using a brief (<3–5 min) 0.25% trypsin–EDTA (Invitrogen) digestion, rinsed and then mixed with low-melt agarose (Bio-Rad Laboratories, Hercules, CA, USA) for a final concentration of 2% agarose and 5 × 10^6 cells/ml. Full-thickness (5 mm) cylindrical constructs were removed from the cured agarose–chondrocyte mix, using a coring reamer (8 mm diameter; Fisher Scientific).

2.2. Defect model and experiments

Hydrogel constructs were used to observe the influence of culture conditions and supplemental factors on tissue function. Hydrogel constructs were placed in individual wells of a 12-well culture plate (3 ml/well) and treated with chemically-defined media (described previously) and one of three culture conditions: serum-free (0% FBS); 10% FBS; or serum-free supplemented with 300 ng/ml recombinant human bone morphogenetic protein 7 (BMP-7; generously provided by Dr David Rueger, Stryker Biotech, Hopkinton, MA, USA). Long-term culture was maintained for a period of 35 days, with replacement of culture medium and appropriate supplements every 2–3 days.

On the day of the functional MRI analysis, cartilage repair constructs were created using the hydrogel constructs and fresh osteochondral explants. The cartilage repair construct was a simulated in vitro model for the repair of an acute cartilage defect (Buckwalter and Mankin. 1998). The four cartilage repair constructs...

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Chesnick et al., 2007), magnetization transfer (Chesnick et al., 2007), T₁ measures with contrast agents (Marolt et al., 2006), and T₁,ρ measures and sodium imaging (Novotny et al., 2006).

For tissues that provide a primarily mechanical role in the body, specialized and advanced MRI-based techniques are required to characterize regenerative medicine strategies in terms of mechanical function. Articular cartilage is one particular tissue that is critical to the normal function of human synovial joints. The tissue has unique mechanical and tribological properties that allow for locomotion by providing a low friction and load-bearing joint surface. The breakdown in cartilage function is observed in osteoarthritis, a debilitating disease associated with progressive cartilage degradation and altered joint mechanics (i.e. deformation in response to applied loads). There has been limited success in regenerating articular cartilage through the application of tissue-engineering technologies (Reddi, 1998), although considerable promise remains (Hettrich et al., 2008).

MRI-based methods to evaluate cartilage function include measures of tissue deformation and extracellular matrix concentrations. Tissue deformation measures through the three-dimensional (3D) volume of cartilage are based on tag registration (Neu et al., 2005) and phase contrast (Neu and Walton, 2008) methods. These techniques provide a local measure of deformation to a high precision (e.g. 0.17% strain). The delayed gadolinium-enhanced MRI of cartilage (dGEMRIC) technique provides spatial information of glycosaminoglycan (GAG) content, using T₁ relaxation time measurements after penetration of the hydrophilic contrast agent Gd-DTPA²⁻ (Bashir et al., 1999). The measure of [GAG] by dGEMRIC correlates with surface measures of mechanical stiffness (Samosky et al., 2005) and has additionally been used to evaluate degenerated, developing and repaired cartilage (Gray et al., 2007).

The purpose of this study was to demonstrate the use of a specialized MRI-based tissue deformation method for the functional and mechanical evaluation of engineered tissue. An articular cartilage full-thickness defect was simulated using a bovine explant model system. An acute defect was made and repair simulated using chondrocyte-laden agarose constructs cultured in the presence or absence of serum or growth factors. Function was evaluated in terms of strain fields computed throughout the cartilage–agarose construct. The strain fields observed were related to the underlying extracellular matrix content, as evaluated by gadolinium-enhanced imaging methods.
Deformation fields in engineered tissue constructs determined by MRI

Figure 1. MRI functional analyses of engineered tissues were conducted in an articular cartilage defect model as a study system. Harvest locations for intact explants were on the lateral femoral condyles in the load-bearing region (A). A full-thickness and acute defect model was created in the articular cartilage and filled with a hydrogel construct that consisted of chondrocytes in agarose and media supplements (B). The goal of a successful repair in the hydrogel construct was defined as the restoration of deformation fields in the construct compared to the surrounding native cartilage investigated were: (a) 0% FBS model; (b) 10% FBS model; and (c) BMP-7 model, all created using the hydrogel constructs described previously; as well as (d) replaced cartilage model, created by removing and then immediately replacing the cylindrical plug cut from the cartilage explant. Importantly, the 0% and 10% FBS samples were used to replicate standard cell and organ culture systems for articular cartilage (e.g. Khalafi et al., 2007). The BMP-7 model was chosen in consideration of the fact that bone morphogenetic proteins promote new cartilage and bone growth (Reddi 1998, 2002). The replaced cartilage model served as a positive control sample in the analysis of GAG content. Additionally, a no cells model was created using an additional set of hydrogel constructs without embedded cells. Since the no cell model system did not undergo 35 days of culture, data from this model system were used to demonstrate field data (Figures 3, 5A) but was not used for comparison to other constructs. Briefly, a 5 mm thick cartilage explant was removed using a coring reamer (8 mm diameter, Fisher Scientific) from the lateral femoral condyles (Figure 1). An acute full-thickness defect was created using a 3 mm coring reamer in the center and through the depth of the explant. A cut (3 mm diameter) hydrogel construct or replaced cartilage was inserted (press-fitted) into the surrounding explant. The cartilage repair constructs were placed in chemically-defined medium for up to 3 h. The culture time for cartilage repair constructs was sufficiently short to limit construct and explant integration, which was expected to be manifested in tissue-level deformation patterns. At the time of testing, constructs were affixed to Delrin mounts, using ethyl cyanoacrylate, and placed in an MRI-compatible bioreactor (described subsequently). A successful repair for this model system was defined as the functional restoration of the hydrogel construct or replaced cartilage to levels of the surrounding explant tissue.

2.3. MRI-compatible bioreactor

An MRI-compatible bioreactor was designed to allow for mechanical loading within the MRI scanner in addition to fluid exchange for biochemical studies. The bioreactor was configured for use in a vertical bore 400 MHz MRI system (9.4 Tesla; Bruker Medical GmbH, Ettlingen, Germany; Figure 2). Mechanical loading was accomplished using a servo pressure regulator to drive a double-acting and low friction (i.e. carbon fiber piston on glass) pneumatic cylinder. This configuration allowed for load-controlled compression cycles to be applied.
Figure 2. Functional MRI analyses determined deformation and [GAG] fields in the tissue and required precise timing methods. Timing of fluid exchange actions, MRI $T_1$ measurements, and mechanical loading allowed for computation of deformation fields and [GAG] (A). Integration of DENSE and FSE pulse sequences during cyclic mechanical loading allowed for measurement of deformation fields (B). A custom MRI-compatible bioreactor was used for application of mechanical loading and fluid exchange (C). Standard MRI (FSE alone) generated undeformed and deformed images with similar proton density in the construct and surrounding tissue and did not allow for functional assessment of the tissue-engineered construct.

to constructs with millisecond timing precision (Neu et al., 2005). Biochemical studies (e.g. those requiring fluid exchange and the introduction of MRI contrast agents) were accomplished using tubing extending into a sample holder at the magnet isocenter. Syringes were used to exchange fluid while maintaining the sample orientation and position, which facilitated registration of spatially dependent biochemical data during time-course experiments.

2.4. Functional MRI analysis: tissue deformography

Displacements through the cartilage repair construct volume were determined during cyclic compressive loading, using a custom MRI pulse sequence (Neu and Walton, 2008). The imaging plane was chosen as the slice through the center of the cartilage repair construct. Briefly, tissue displacements were determined using displacement encoding by stimulated echo (DENSE; Aletras et al., 1999) and fast spin echo (FSE) pulse sequences. Key DENSE parameters were: $t_{enc} = 1.0$ ms, $G_{de} = 100$ mT/m for in-plane displacement encoding, and $G_{de} = 0$ mT/m for the reference image. FSE imaging parameters were: TR, 3000 ms; TE, 6.05 ms; number of echoes per excitation, 16; in-plane spatial resolution, $100 \times 100 \mu m^2$; image matrix size, $256 \times 256$ pixels$^2$; number of averages, 4; slice thickness, 1.0 mm.

Timing integration of the MRI-compatible bioreactor mechanical actions with the DENSE-FSE sequence was implemented to reduce motion artifacts due to cyclic loading (Figure 2). Imaging was accomplished such that phase encode steps were acquired over many loading cycles. Phase cycling of the second rf pulse ($+ \cos \theta$, $- \cos \theta$, $+ \sin \theta$ and $- \sin \theta$ modulation; Epstein and Gilson, 2004) was also accomplished to eliminate artifacts due to FSE readout and ultimately used to isolate the single displacement-encoded echo by image processing. During each 3 s cycle, the mechanical load of 15.6 N was applied to the constructs for a total of 1.5 s. The replaced cartilage model sample was additionally tested at 27.4 N to visualize the mechanical integration between the cut cartilage surfaces. These loading conditions resulted in an average normal stress (normalizing to the 8 mm cartilage repair construct diameter) of 0.3 and 0.5 MPa, acting through the loading platen to the articular surface. To prevent blurring of images due to any changes in the deformation of the cartilage between load cycles, images were acquired only after the cartilage reached a steady-state load–displacement response during the unconfined compressive cyclic loading applied by the loading apparatus (Neu and Hull, 2003).
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Custom image processing software determined construct deformations in MATLAB (v. 6.0, The Mathworks, Natick, MA, USA; Neu and Walton, 2008). The phase-cycled datasets were combined for artifact elimination (Epstein and Gilson, 2004) and a two-dimensional (2D) inverse Fourier transform was applied to the combined raw data to determine phase images (i.e. reference, x- and y-displacement encoded images). Phase images were unwrapped and displacements were determined by subtracting x- and y-displacement-encoded images from the reference image. The Green–Lagrange strain tensor was computed from displacement data. Strain in the loading direction \( (E_y) \) and transverse directions \( (E_{xy}) \), as well as shear strains \( (E_{xy}) \), were computed as a function of position directly as components of the strain tensor.

Strain fields were visualized for one sample of each of the treatment groups described previously. To aid in image processing and visualization, undeformed and deformed images were additionally acquired using an FSE sequence with an in-plane spatial resolution of 100 × 100 μm². Subsequent to image acquisition, a deformed image of cartilage was segmented manually, using software employing closed Bezier curves to identify arbitrary object shapes within images (Paravision 3.0, Bruker Medical GmbH, Ettlingen, Germany) and used as an image mask in the previously described image-processing steps to isolate the tissue from the surrounding bathing solution.

2.5. Functional MRI analysis of glycosaminoglycans

The concentration of glycosaminoglycans ([GAG]), critical proteoglycans in the extracellular matrix of cartilage, was determined using the delayed gadolinium-enhanced MRI of cartilage (dGEMRIC) technique. Importantly, use of the custom bioreactor with fluid exchange and mechanical loading capabilities allowed for immediate registration and superposition of cartilage displacement and [GAG] data, i.e. [GAG] was determined in the same imaging plane as that described previously for tissue deformation. Briefly, \( T_1 \) measurements were made using a saturation recovery pulse sequence \( (TR = 100, 200, 400, 800, 1600, 3200 \text{ ms}) \) before and after the implementation of 2 mM Gd-DTPA\(^{2-}\) (Magnevist, Berlex Laboratories, Wayne, NJ, USA). The constructs were then equilibrated for >5 h following exchange of PBS with PBS + Gd-DTPA\(^{2-}\) to allow for complete diffusion of the contrast agent into the tissue volume (Bashir et al., 1999). Conversion of \( T_1 \) field data to [GAG] was determined following the standard method (Bashir et al., 1999).

Computation of calibration coefficient \( R \) (s/mm) was determined using \( T_1 \) measurements of graded Gd-DTPA\(^{2-}\) standards (0.2–2.0 mM, in increments of 0.2 mM). For the 400 MHz MR imaging system and 25 °C sample experimental temperature, \( R = 4.49 \text{ s/mm}. \) Relative [GAG] (i.e. construct [GAG]/surrounding cartilage [GAG]) was determined for one sample of each treatment group, using all points in the imaging plane representing the tissue type of interest. The results are presented as the mean ± one standard deviation (SD) and are representative of the variation in relative [GAG] of pixels within the single sample investigated.

3. Results

Deformation fields in the tissue-engineered constructs during simple cyclic compressive loading were non-uniform and depended upon spatial location (Figures 3, 4). Displacements in the loading direction \( (d_y) \) of the no cells model sample approached −160 μm near the agarose–indentor boundary and 0 μm near the agarose–base boundary (Figure 3A). Prior to cyclic loading, the articular surface of the cartilage and agarose were flush (white arrow with black head). During the undeformed portion of each loading cycle, the agarose surface contained irregularities (e.g. protrusions and gaps) compared to the surrounding cartilage (solid white arrow), and thus deformed to a higher magnitude. The same pattern was observed in the BMP-7 and 10% FBS model samples, where agarose surface irregularities resulted in higher measured displacements (solid white arrow, Figure 4C, D). In the 0% FBS model sample (Figure 4B), a flush articular surface was observed between the agarose and cartilage during the unloading period of each cycle, and the measured displacements in the loading region were of less magnitude compared to other treatment groups. In the replaced cartilage model sample (Figure 4A), increasing the applied load resulted in a more pronounced mechanical mismatch in displacements between cut cartilage surfaces (solid black arrow).

Gadolinium-enhanced imaging of tissue constructs enabled calculation of tissue fixed charge density and [GAG] that also varied by spatial position (Figure 5A). [GAG] was similar in the replaced cartilage model tissue but near zero in the hydrogel construct of the no cells model sample (Figure 4A). Tissue contrast between the hydrogel construct and the surrounding cartilage and bathing solution was minimal in proton density-weighted and \( T_1 \) [pre-Gd(DTPA)\(^{2-}\)] images. Importantly, [GAG] content was not restored to that of surrounding cartilage in any group except the replaced cartilage sample (Figure 4B).

4. Discussion

The aim of this study was to demonstrate the use of magnetic resonance imaging to evaluate the function of tissue-engineered cartilage constructs. Function was evaluated in an articular cartilage defect model in terms of displacement fields computed throughout the tissue construct. Primary results in this study were: (a) deformation fields varied non-uniformly, depending on spatial position; (b) strains were highest in the
hydrogel constructs compared to surrounding cartilage; and (c) [GAG] was lowest in the hydrogel constructs compared to the surrounding cartilage. This study represents the first application of the DENSE–FSE technique to engineered cartilage and in combination with techniques for biochemical assessment, such as dGEMRIC.

The ability to measure in situ tissue quality is essential for assessing the success of cartilage repair techniques. Current techniques for measuring tissue quality include optical coherence tomography (Han et al., 2003) and photoacoustic (Ishihara et al., 2005) techniques. Optical coherence tomography allows for the identification of subtle changes in tissue structure, including surface fibrillations comparable to histological analysis at low magnification. Photoacoustic measurements provide data regarding bulk viscoelastic relaxation times. In comparison, while the spatial resolution of images from the MRI techniques discussed here does not approach the optical scale, the present technique provides spatially-resolved characterization of mechanical deformation with minimal error. The DENSE–FSE technique used here has been demonstrated to exhibit minimal error, with zero bias and a displacement and strain precision of 8.8 µm and 0.17%, respectively. Thus, the technique is appropriate for characterizing tissue-level deformations non-invasively in engineered tissue.

There has been limited use of MRI to investigate mechanical function in the emerging fields of tissue engineering and regenerative medicine. Routinely, standard mechanical testing techniques have assessed bulk properties of engineered cartilage (e.g. Hofmann et al., 2006). Additionally, bulk properties have been shown to correlate with MRI parameters, such as $T_1$, $T_2$ and the diffusion coefficient (Miyata et al., 2007). Only recently have MRI techniques been developed to assess and characterize tissue-level deformation patterns throughout the volume of the material under the application of physiologically relevant mechanical loading (Neu and Walton, 2008).
Precise timing of MRI actions was required. $T_1$ measures were taken prior to mechanical loading (pre-Gd(DTPA)$^{2-}$) and following the fluid exchange (post-Gd(DTPA)$^{2-}$) to ensure that tissue morphology was similar for the two sets of images. Differences in morphology (due to mechanical loading and tissue creep) would have precluded registration of $T_1$ measures and calculation of [GAG]. Also, the integration of cyclic loading and MRI pulse sequence actions was required for images free of motion artifacts (Neu and Hull, 2003).

Strain fields in the hydrogel constructs were typically larger than those in the surrounding cartilage. The mismatch was attributed to at least three factors. First, there was a lack of GAGs in the repair tissue compared to the surrounding cartilage. Proteoglycans are known to contribute to the load support of cartilage through interactions with water in the highly hydrated tissue (Maroudas, 1976). The lack of GAGs in the repair tissue may have not provided sufficient load support and resulted in increased deformations. Second, there were observed differences and variability in the morphology of the unloaded tissue that corresponded to strain fields (Figure 4). Differences in material properties (e.g. creep under cyclic loading, or swelling behaviour resulting from altered biochemical content) may have contributed to surface geometry irregularities. Thus, there is a need for appropriate matching of material properties for a successful repair. In the case of articular cartilage, the study of allograft or autograft tissues may be of interest considering the variation of tissue, even within the same joint of an individual (Neu et al., 2007). Further studies with larger sample sizes are required to address these concerns. Third, the lack of integration in the model system resulted in alterations of the strain field data that depended on load (Figure 4A). Thus, the study of tissue integration is critical in future cartilage repair experiments.

The concentration of glycosaminoglycans in the hydrogel constructs was not restored to the levels of the surrounding cartilage for the treatments investigated. The use of BMP-7 resulted in [GAG] that was lower compared to the use of 10% FBS-supplemented medium. This finding may be attributed to the milieu of molecules present in serum that may include BMPs in addition to other morphogens and growth factors (Reddi, 1998). Importantly, the heterogeneous biochemical composition...
The spatial variation in [GAG] was determined in the tissue-engineered constructs. $T_1$ measurements pre- and post-Gd(DTPA)$^{2-}$ were used to compute the fixed charge density and ultimately [GAG] (A). Defect fills with replaced cartilage and agarose containing no cells demonstrate the range observed differences in relative [GAG]. Relative [GAG] computed in the constructs revealed the inability to restore [GAG] in the hydrogel constructs for the culture conditions described herein (B). Importantly, the error bars represent the variation observed within a single sample tested for each treatment of degenerated and repaired articular cartilage (Gray et al., 2007) has been explored and monitored using dGEMRIC, both in vitro (e.g. Allen et al., 1999) and in vivo (e.g. Trattnig et al., 2007). Further, while the measurement of [GAG] using dGEMRIC has been directly validated vs. the dimethylmethylene blue (DMMB) biochemical assay in human cartilage (Bashir et al., 1999), the use of the polar agarose hydrogel could have interfered with Gd-DTPA$^{2-}$ actions and resulted in false positives (i.e. elevated relative [GAG]) in this tissue engineering application. Thus, for the application of dGEMRIC to measure [GAG] restoration in engineered cartilage, a careful consideration of the scaffold material is required in addition to the optimum type, concentration and incubation period for media supplements. The general tissue-engineering strategy for restoration of GAG concentrations will likely involve the novel combinations of cells, acellular biomaterials, drugs, gene products or genes that may be designed, specified, fabricated and delivered, either simultaneously or sequentially, as therapeutic agents (Boyce, 2002).

Integration strategies are required to aid in distributing mechanical force from the repair to the surrounding tissue. The defect model used here did not allow for tissue integration, seen especially in the mismatch in strain fields (Figure 4). A model of successful repair is therefore required that is based on increasing incubation times or altering other parameters (e.g. use of growth factors or enzymatic pretreatments; Quinn and Hunziker, 2002) to allow for integration between the tissue surfaces. The application of the techniques described here to an animal model (Chan et al., 2007) of a tissue repair would address the mechanical function of integrated tissues.

This study demonstrated the ability of MRI to non-invasively evaluate mechanical function in a defect repair model in tissue explants. In particular, strain fields were evaluated to a high precision. The technique in its current state is appropriate to analyse novel biomimetic scaffolding materials alone or in combination with stem cells and inductive signals (e.g. morphogens, growth factors or mechanical forces), and may readily be applied for study of natural or synthetic scaffolding-based constructs for cartilage repair. Regenerative success, defined in terms of deformation fields, and the integration of native tissue with allograft/autograft or other repair tissues, may be studied after removal from the living organism. Further development of the techniques for use (e.g. the whole joints of) animals or humans will require the appropriate development of MRI pulse sequences and methods for in vivo application of mechanical forces to normal, diseased and regenerated tissue of interest.
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