

Agricultural & Biological Engineering Graduate Students Association

Work/Life Balance

Monday, March 4th, 2019

12:30pm -1:30pm in Lilly 3410

Free food!

Where does stress come from? Is it possible to actually live a stress-free life in Graduate School? Having earned a Bachelor's Degree in Mathematics Education, a Master's in Counseling, and a Ph.D. in Counselor Education, Linda has worked as an Assistant Professor of School Counseling at Marshall University and Texas A & M University as well as a School Counselor, a Family Therapist, and a Math Teacher. She will demonstrate balance between one's personal and professional life and daily practices for maintaining balance as a Graduate Student.

Free food!

Presented by:

Linda L. Hankins, PhD.



School Counselor

Therapist

Professor

