

GMP Weekly Newsletter

Thanksgiving Edition

November 21, 2011
Vol. 1, Issue 14

UPCOMING EVENTS!

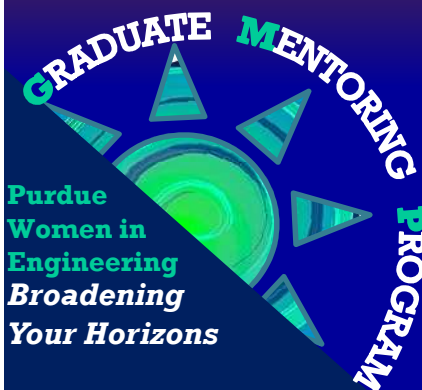
GMP midyear survey...win a prize
www.tinyurl.com/gmp-midyear

Save the Date: January Monthly Meeting
Topic: Gender and Leadership
Monday, Jan 23rd 2012 @ 6pm

GMP in the News

Don't forget to **nominate** your friends or yourself so we can feature GMP members who are making a splash here at Purdue!

See 'Awards Entry' tab on the GMP website



Hello Ladies! Happy Thanksgiving!!!
It's time for the midyear survey!
Help us improve GMP by providing feedback. **Complete the GMP mid year survey** before Friday, Dec 2nd .
www.tinyurl.com/gmp-midyear

Once completed, you'll be redirected to another page where you can enter your email in a drawing to **win a prize!!!**

Highlights from November meeting

Improving Your Quality of Life: Steps to a Happier, Healthier You

Dr. Nancy Maylath spoke on 'Improving your quality of life' stating, "The best way of approaching quality of life measurement is to measure the extent to which people's **happiness requirements** are met ..." (McCall)

Some **happiness requirements** mentioned at the meeting by GMPeeps:

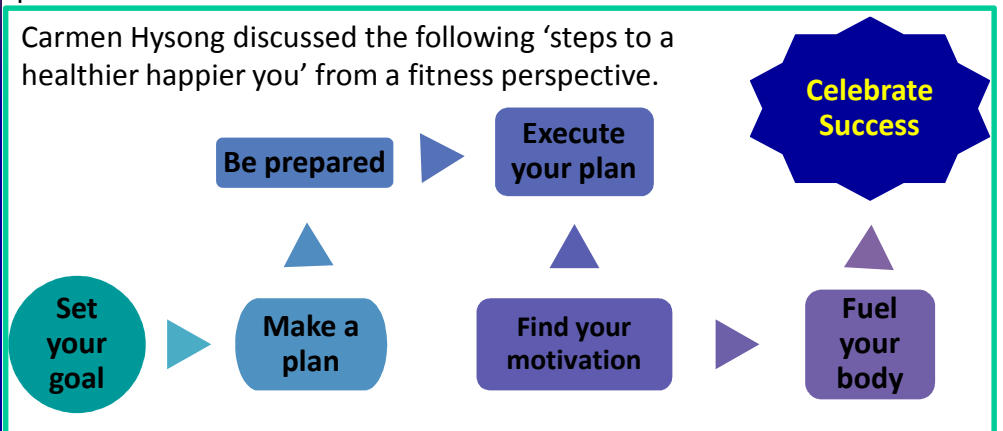
- Relaxation
- Funding
- Boyfriend
- Being outside
- Sense of belonging
- Friends
- Exercise

Please visit the **GMP Facebook page** for instructions on how to access the meeting video and/or the speakers' presentation.



Participants discussed concerns over yummy Panera soup bowls

Carmen Hysong discussed the following 'steps to a healthier happier you' from a fitness perspective.



Features of the Week:

GMP Perfect Attendance Superstars!!!

- ❖ Jamie Brugnano
- ❖ Elizabeth Casey
- ❖ Deva Chan
- ❖ Lea Marlor
- ❖ Kaela Rasmussen
- ❖ Kerina Wan-Tang Su
- ❖ Hongdan Tao
- ❖ Catherine Whittington
- ❖ Heather Wiest

*Please contact Dr. Jennifer Groh @ the WIEP office to pick up your prize.

Emily M. Wadsworth Graduate Mentoring Award

Application Deadline: Monday, January 23.

Description: The Emily M. Wadsworth Graduate mentoring Award recognizes the special contributions made by a graduate student recipient **in the area of mentoring women**. It is open to any MS or PhD student in engineering who meets the criteria outlined online at

www.purdue.edu/WIEP/WadsworthAwardIntro.htm

The Award: \$1,000 award and recognition at the WIEP joint mentoring program dinner on Wednesday, March 21, 2011

Selection: The award recipient will be selected by a committee of faculty and administrators from the College of Engineering.

For more information or questions about the award or application, please contact Cathy Deno at denoc@purdue.edu or 765-494-6608.



2011 Wadsworth award winner, Jamie Brugnano receives the award from Dr. Emily Wadsworth.

Spring 2012 Meeting Schedule



- ❖ January 23 - **Gender and Leadership**
- ❖ February 23 - **Building Relationships and Your Career**
- ❖ March 21 - **Women's History Month: Special Topic**
- ❖ April 17 - **Don't Sell Yourself Short**

Missed our last meeting?
Don't worry! Now you can see
our videos on our private
[Facebook group!](#)

If you would like to connect
with GMP mothers please
email wiepmm@purdue.edu

