LATE NIGHT STUDY

PRACTICE YOUR POMO

OUR FAVORITE CONCENTRATION TECHNIQUE

Thursday, November 12th

7 - 9PM in Wiley Hall, C215

REGISTER TODAY!

This is a **drop-in event**.

Registering does not mean you have to attend the full 4 hours.

THE POMODORO TECHNIQUE

A popular method where you will alternate Pomodoros - focused work sessions - with frequent short breaks.

Join the ASC as we put the Pomodoro Technique to practice.

Student Leaders will lead you in alternating times. Use your breaks...

- to stretch
- grab a snack
- chat with peer
- participate in mini games

YOU'LL LEAVE WITH A NEW TECHNIQUE & POTENTIALLY A PRIZE!

PURDUE UNIVERSITY

Helen Bass Williams
Academic Success Center