LATE NIGHT STUDY

PRACTICE YOUR POMO

OUR FAVORITE CONCENTRATION TECHNIQUE

Tuesday, October 27th

7pm to 11pm in WileyC215

THE POMODORO TECHNIQUE

A popular method where you will alternate Pomodoros - focused work sessions - with frequent short breaks.

REGISTER HERE!
This is a **drop in event**. Registering does not mean you have to attend the full 4 hours.

Join the ASC as we put the Pomodoro Technique to practice.

Student Leaders will lead you in alternating times. Use your breaks...

- to stretch
- grab a snack
- chat with peer
- participate in mini games

LEAVE WITH A NEW TECHNIQUE -- AND MAYBE A PRIZE!

PURDUE UNIVERSITY | Helen Bass Williams Academic Success Center