

Returning Plumbing to Safe Use After Extended Shutdowns or Low Occupancy:

Large Buildings, Standards, Considerations, and Gaps

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Special Thanks to...

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Additional thanks to collaborators

Building owners, school administrators, water utilities, state and county health departments, and plumbing technology innovation companies

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- 1. Water safety issues for large buildings
- 2. Standards and guidance
- 3. Gaps and moving forward
- 4. Other information that's new and coming soon

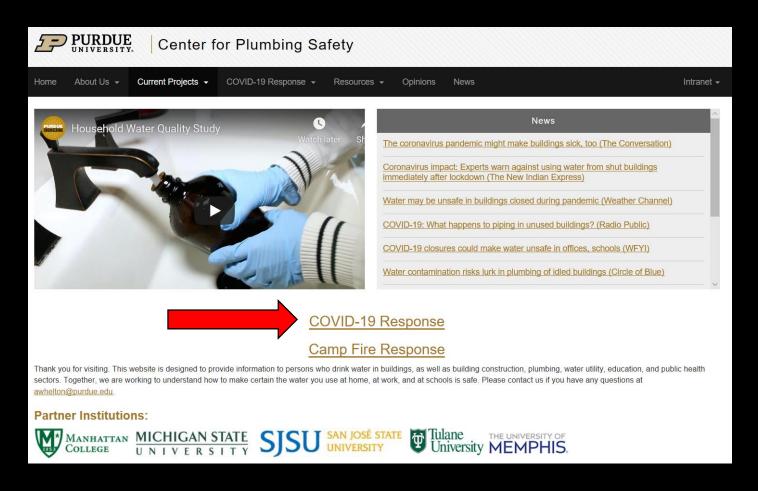






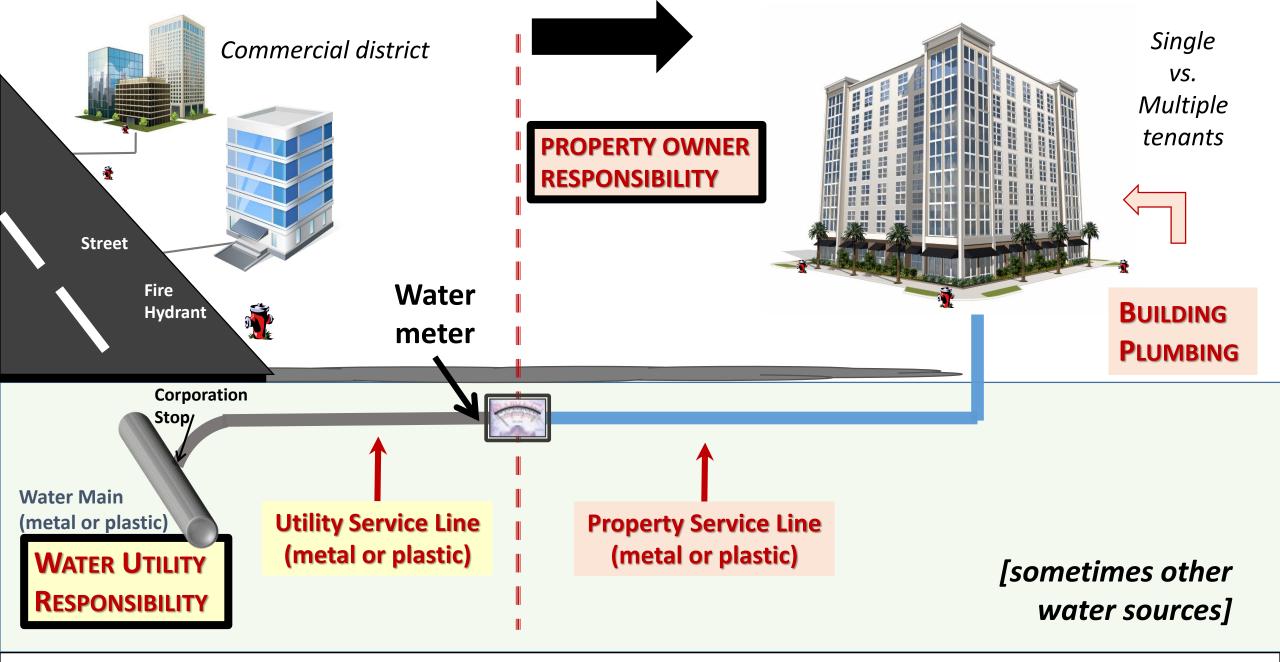


More Information at www.PlumbingSafety.org



- ✓ Plumbing education videos
- ✓ Flushing plans
- ✓ Plumbing explainers
- ✓ List of projects
- ✓ Scientific opinions
- ✓ Resources → presentations
- ✓ Scientific reports
- ✓ External plumbing docs
- ✓ YouTube Channel







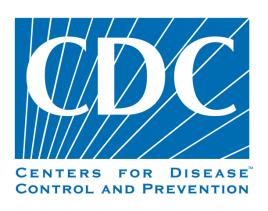
Stagnation <u>noun</u>

stag·na·tion | \ stag-'nā-shən

a state or condition marked by lack of flow, movement



When water does not flow well; areas of stagnant water encourage biofilm growth and reduce temperature and level of disinfectant





Prior to the pandemic, stagnation posed health risks

The time scale of concern can sometimes be just a few days

Copper can leach

Nausea, vomiting, diarrhea, abdominal cramps

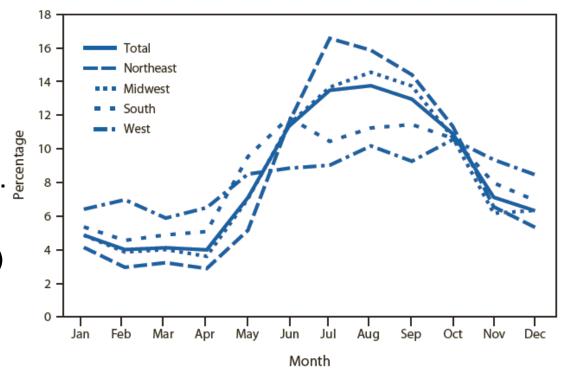
Lead can leach

Nausea, vomiting, diarrhea, abdominal cramps, longer-term developmental issues with children

But other metals too! Scale can be suspended.

Harmful organisms (e.g., *Legionella pneumophila* and other opportunistic pathogens) can grow - better

Many organisms cause respiratory illness, and other infections can occur



Exposure Routes of Concern: Ingestion, Dermal, Inhalation



There's Little Public Understanding and Awareness about Building Water Safety and Contamination

For example, all legionella detections (and investigations) are not being publicly reported

The Netherlands, gym
Pennsylvania, 4 schools
Ohio, 8 schools
Texas, healthcare building
Canada, hospital
Georgia, CDC office buildings
UK, office building
UK, hospital
UK, Buckingham Palace
California, hotel
UK, 3 schools
Ohio, 1 school, LD illness (yr ago LD fatality)
UK, university campus
Michigan, nursing home
Illinois (LD misdiagnosed as COVID)
UK, 1 school







U.S. National Science Foundation RAPID Award 2027049

Shutdowns and Consequences - Extreme Plumbing Stagnation and Recommissioning



- 1. Support to the plumbing and public health sectors on building water safety guidance and decisions, *ongoing*
- 2. Building water safety review due to prolonged stagnation with experts from 7 private and public sector organizations, *complete*
- Field testing to determine how impacted building water safety is in actual large buildings, ongoing
- 4. Bench-/pilot-scale testing to determine how to fully recover contaminated building water system devices and equipment, planned
- 5. Help transform public awareness, ongoing

























Initiating a Transformative Building Water System Research Collaborative in Rapid Response to the COVID-19 Pandemic



























And more...

- 1. Host 3 formal collaborative workshops on building water safety, planned
- 2. Determine the practices applied across select institutions nationwide that address building water system safety, *ongoing*
- 3. Conduct a meta-analysis of studies at the end of the 1-year effort and identify new prioritized research and innovation needs influenced by the multiple independent studies and collaborative workshops, *planned*





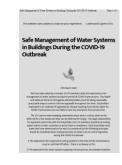






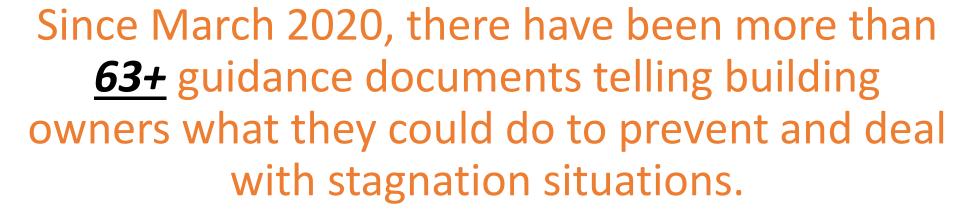














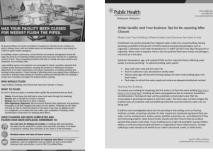


Many differ quite dramatically. Some lack key info (safety, devices, sensitive population, etc.).



















Why are they so different?

Different perspectives - sides of the elephant

Different starting information about water safety or plumbing

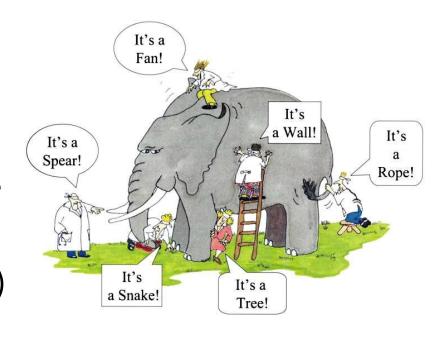
Guidance targeted for different readers

Deliberate step-by-step documents vs. general advice

Some are derivatives of others, & others... & others!

Some have been revised (version 3 since March 2020)

Media, water utilities, & associations making even brief(er) messages



Document objectives: Awareness vs. Informational vs. Warnings vs. Actions



ANSI/ASHRAE Standard 188-2018, Legionellosis: Risk Management for Building Water Systems

[NEW] ASHRAE Guideline 12-2020, Minimizing the Risk of Legionellosis Associated with Building Water Systems

[NEW] ASSE/IAPMO/ANSI 12080, Professional Qualifications Standard for Legionella Water Safety and Management Personnel

Non-enforceable standards and guidelines exist... but focus only on legionella

NEW: State-of-the-knowledge review about water safety impacts of prolonged stagnation

Collaborative effort

Caitlin R. Proctor, Ph.D., Purdue University
William Rhoads, Ph.D., Virginia Tech
Tim Keane, Legionella Risk Management, Inc.
Maryam Salehi, Ph.D., University of Memphis
Kerry Hamilton, Ph.D., Arizona State University
Kelsey J. Pieper, Ph.D., Northeastern University
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Andrew J. Whelton, Ph.D., Purdue University



Considerations for Large Building Water Quality after Extended Stagnation

Download FREE here:

https://doi.org/10.1002/aws2.1186















Coming Soon: Evidence informed guidance for reduced and no building water use





Document Title TBD

Expected Fall 2020

Collaborative effort

William Rhoads, Ph.D., Virginia Tech
Michele Prévost, Ph.D., Polytechnique Montreal
Kelsey J. Pieper, Ph.D., Northeastern University
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Coming Soon: COVID-19 inspired building water safety testing results from many others

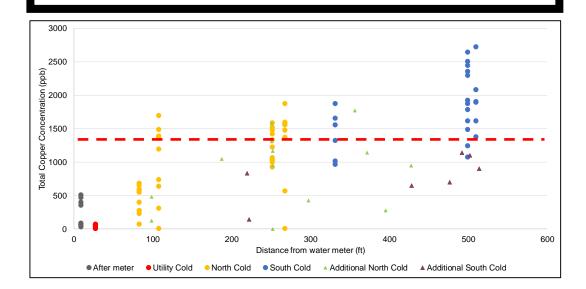




Finding Contaminated Water in a 7-Year Old Green School

Download here:

https://doi.org/10.1039/D0EW00520G



NEW: School Water Safety, Summer vs. Fall

Discovered school wide copper contamination, and multiple claims by agencies proven incorrect

- ✓ High alkalinity groundwater is a copper leaching problem
- ✓ Spot flushing does not guarantee water will have < 1.3 mg/L copper
- ✓ Only options: In-building whole or POU treatment
- ✓ Consultant recommended activated carbon filters (bad) not ion exchange
- ✓ Lack of prior testing at schools indicates larger problem likely exists



Some Ongoing Initiatives

11 buildings across 4 studies All free chlorine disinfectant 3-5 months of low/no water use Some served by the same utility Some have recirculation loops, inbuilding storage, showers All had indoor copper pipe Up to 400 water outlets/building Not all had as-built drawings



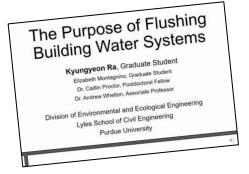
- 1. Elementary school, Indiana (Ra et al.)
- 2. Large residential building, Indiana (Angert et al., led by Proctor, Ph.D.)
- 3. Institutional buildings, Indiana (Ra et al.)
- 4. Elem/mid/high school, Ohio (Ley et al.)

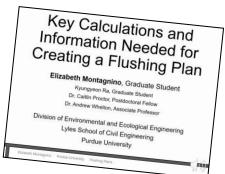


Preliminary Findings



Plumbing Safety Channel





Water management programs basically nonexistent at daycares, schools, colleges, and universities

Metal (Cu, Pb, Ni, Zn) exceedances. Don't just look at water fountains.

Legionella pneumophila detected in 3 of 4 studies

- ❖ 2 buildings where flushing applied, no legionella detected after flushing, 2 weeks later low levels (<10 MPN/100 mL)</p>
- Highest levels found in cold water not hot water. Water fountain hot spots.

Hypochlorite disinfection levels varied (est. 160-340 mg/L+ for 3 hours). Likely due to ineffective mixing, reactions, and/or decay



Preliminary Field Observations: A Few Gaps

Lack of clear Go/No-Go levels for Legionella pneumophila and other pathogens

- Some consultants invoke the zero MCLG, others invoke different numbers
- One health department invoked a conversation with CDC that zero is only acceptable
- CDC doesn't have explicit Go/No-Go levels for buildings
- Risk-based levels can range from 1 to 1000s CFU/100mL depending on exposure route

Most of the time other pathogens are not being examined

Some health departments discourage school water testing (lead, copper, legionella, etc.) because they claim CDC discourages water testing unless there's a suspected outbreak

Many health officials and primacy agency staff lack familiarity of building water systems

Local, state, and federal government agencies issue sometimes vague statements. Some consultants then implement what they want (i.e., qPCR testing for legionella only → followed by thermal disinfection → then a 36 hr qPCR test only, not other follow-up)



NEW: Fires cause water infrastructure contamination, wider implications may be significant



Wildfire caused widespread drinking water distribution network contamination

Download FREE here: https://doi.org/10.1002/aws2.1183

VOCs and SVOCs present, levels can exceed hazardous waste limits (40 ppm benzene, etc.)

Do Not Use water order should be issued

Protect homeowners and their plumbing





More Results of this USEPA Grant Coming Soon: Right Sizing Tomorrow's Water Systems for Efficiency, Sustainability, and Public Health, 2016-Present



Andrew Whelton, Jade Mitchell, Joan Rose, Juneseok Lee, Pouyan Nejadhashemi, Erin Dreelin, Tiong Gim Aw, Amisha Shah, Matt Syal, Maryam Salehi











Building Water Essentials Online Short-Course for Public Health Professionals



Thank you...

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