Water Bugs: Building Water Stagnation – Water Quality and Addressing Concerns



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Florida Section AWWA Seminar August 5, 2020



More information here... www.PlumbingSafety.org



Access to world-class expertise, capabilities, and education in and outside Purdue

A Resource for All

- ✓ Plumbing news
- ✓ Plumbing education videos
- ✓ Plumbing explainers
- ✓ List of projects
- ✓ Scientific opinions
- ✓ Resources → presentations
- ✓ Scientific reports
- ✓ External plumbing docs



Many thanks to Brad Caffery at Purdue University





Onsite Education & YouTube Channel



Plumbing Testing Facility at Purdue



Nearby Innovation Partner with Full-Scale Testing Facility



Onsite Testing and Technical Support



COVID Specific Building Water Safety Support Resources

Restoring Water to Medical, Residential, and Commercial Buildings, Shutdowns, Unsafe Water

The COVID-19 pandemic has caused widespread building shutdowns, but also emergency restoration of water to previously closed medical facilities and homes. Several serious building drinking water safety risks exist. As people begin using the water again, they will encounter extremely stagnated water with excessive lead, copper, and bacterial concentrations, that may include harmful organisms like legionella that can cause disease outbreaks.

There are no national or industry guidelines for building reopening after extended shutdowns.

The <u>U.S. National Science Foundation</u> funded Purdue University researchers to rapidly address this serious public health concern. This rapid response effort involves partnerships with the <u>American Society of Plumbing Engineers</u> and <u>International Association of Plumbing and Mechanical Officials</u> and collaborations with other building water and public health experts from across North America.

[NSF government website description of this rapid response grant]

Questions

I am looking for...

- . A list of your rapid response efforts in response to the COVID-19 outbreak
- · Advice on what I should do as a public health official, building owner, or water utility
- Download a copy of the Experts Building Water Safety Study released April 7, 2020
- . Guidance on how to create a building flushing plan
- · Brief educational videos on building water safety topics
- ✓ Advice for building owners, health officials and utilities
- ✓ Building water safety education videos
- ✓ Guidance on how to create flushing plan
- ✓ Access to the Building Water Safety Study
- ✓ Guidance on building water safety from multiple nations and U.S. states



PURDUE



MICHIGAN STATE

San José State

PURDUE

MANHATTAN COLLEGE

PURDUE

PURDUE





2017

CMS Memo: Legionella Risk in Healthcare Facility Water **Systems**

2017

Plumbing Industry Research Workshop: **Identify Knowledge** Gaps & Risks Associated with **Premise Plumbing Drinking Water Quality**

2019

Rapid response to the Camp Fire: Widespread Water System, Residential & Commercial **Plumbing** Contamination

MANHATTAN COLLEGE

2019

Camp Fire **Building Water System Testing** Guidance

2019

Camp Fire Plumbing Safety Education Workshop for survivors

2020

NSF RAPID response: Building water system stagnation and recovery



2017

USEPA funds 2 National Priority studies on building plumbing

2018

ASHRAE 188 Legionellosis: Risk Management for Building Water Systems

2018

Measurement Science Roadmap Workshop for Water Use Efficiency and Water Quality in **Premise Plumbing Systems**

2019

Implications of the California Wildfires for Health, Communities, & Preparedness: Proceedings of a Workshop

The National

Academies of

SCIENCES ENGINEERING

MEDICINE

2019

Mgmnt. of Legionella in Water **Systems**

SCIENCES The National **ENGINEERING** Academies of MEDICINE

2020

COVID19: Impact of prolonged stagnation on building water quality and safety















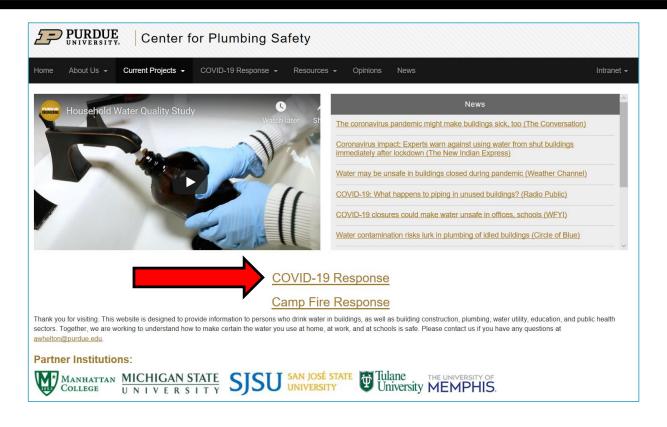






More Information about Us

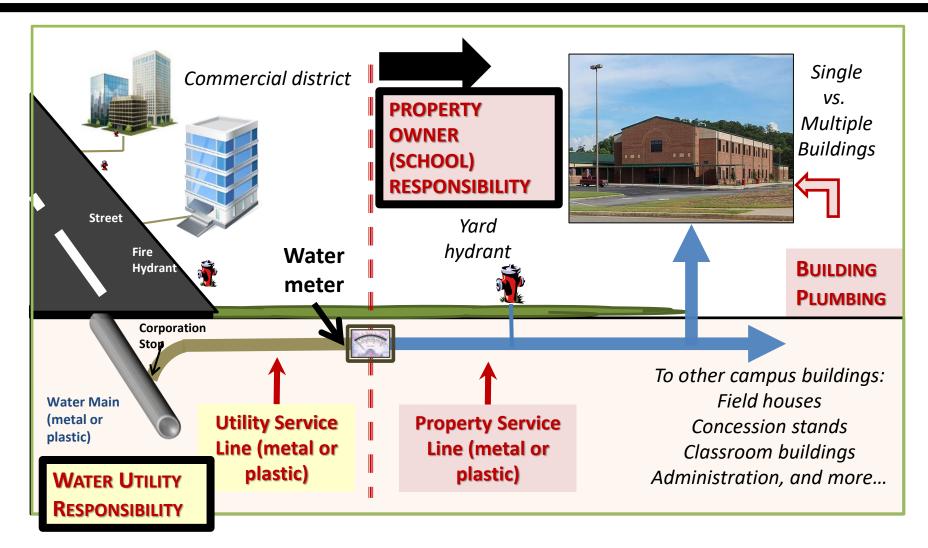
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Plumbing news
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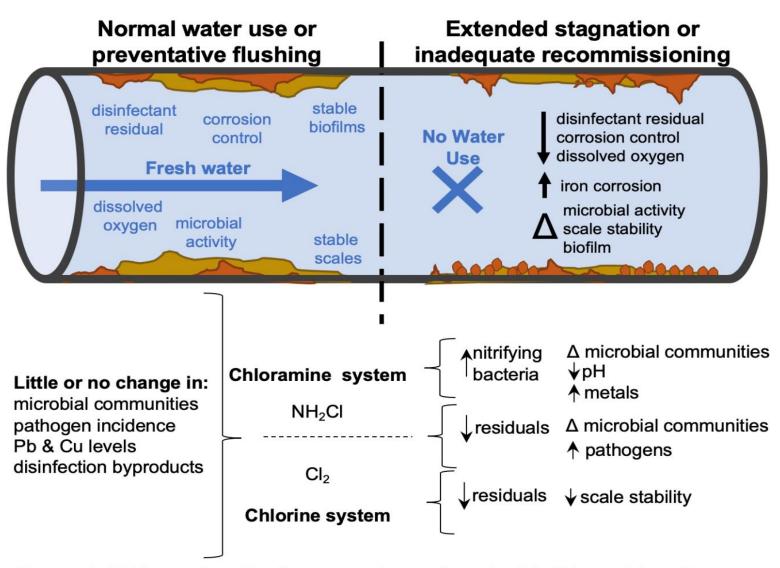
Sometimes there are other water sources like onsite wells....

Stagnation <u>noun</u>

stag·na·tion | \ stag-ˈnā-shən

a state or condition marked by lack of flow, movement





Potential Water Quality Impacts Associated with Water Use Patterns

https://doi.org/10.1002/aws2.1186



Stagnated water can poses health risks

Metals (Cu, Pb, others)

Copper (can exceed safe limits in just 48 hours sometimes): Nausea, vomiting, gastrointestinal distress

<u>Lead</u>: Developmental issues with children and acute effects

Harmful organisms e.g., Legionella pneumophila and other opportunistic pathogens: Many organisms cause respiratory illness, other infections can occur





RDITE Our Response to COVID-19 Building Water Safety Issues: March 2020 to Present



U.S. National Science Foundation RAPID Award 2027049 Shutdowns and Consequences - Extreme Plumbing Stagnation and Recommissioning

- State of science review of water stagnation with experts from 7 private and public sector organizations, [done]
- Support to the plumbing and public health sectors on guidance and decisions, ongoing
- Field testing to examine building water safety, *ongoing* 3.
- Lab testing to examine contaminated systems and devices, 4. planned
- Help transform public awareness, ongoing 5.



NEW ... August 2020

U.S. National Science Foundation EAGER Award 2039498

Initiating a Transformative Building Water System Research Collaborative in Rapid Response to the COVID-19 Pandemic



- Rapidly organize and lead a nation-wide Building Water
 Systems Research Collaborative with multiple institutions
 focused on generating and sharing new knowledge within
 the research community and with the public.
- The collaborative will share cutting-edge knowledge, protocols, best analytical practices, big data, and field practices through a series of formal interactions amongst an interdisciplinary team with a common focus.



Download this free study report

https://doi.org/10.1002/aws2.1186

Review Article





Considerations for Large Building Water Quality after Extended Stagnation

Caitlin R. Proctor ⋈, William J. Rhoads ⋈, Tim Keane ⋈, Maryam Salehi ⋈, Kerry Hamilton ⋈, Kelsey J. Pieper ⋈, David M. Cwiertny ⋈, Michele Prévost ⋈, Andrew J. Whelton ⋈

First published: 16 June 2020 | https://doi.org/10.1002/aws2.1186 | Citations: 1

This article has been accepted for publication and undergone full peer review but has not been through the copyediting, typesetting, pagination and proofreading process, which may lead to differences between this version and the Version of Record. Please cite this article as doi: 10.1002/aws2.1186.

















Illnesses are here



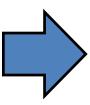
Indiana Health Alert Network Notification – July 10, 2020

Legionellosis Testing: Reminder for Seasonality and Building Reopenings

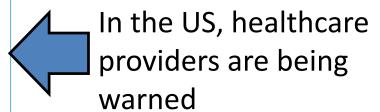
ISDH is alerting healthcare providers to an anticipated seasonal increase in *Legionella* infections combined with a potential increase in cases resulting from building re-openings. ISDH reminds all healthcare providers to test for *Legionella* when evaluating adults with symptoms of pneumonia, even during the COVID-19 pandemic.

Testing should include both urine antigen testing (UAT) <u>and Legionella</u> sputum/respiratory culture following these guidelines:

We have already had confirmed illness during the pandemic



- √ Staff member died (2019), Legionnaires Disease
- ✓ Staff member sick (June 2020), Legionnaires Disease
- ✓ Found LP in aerators at select locations including janitor sink





When the pandemic struck, no guidance documents about building plumbing stagnation and recommissioning existed.













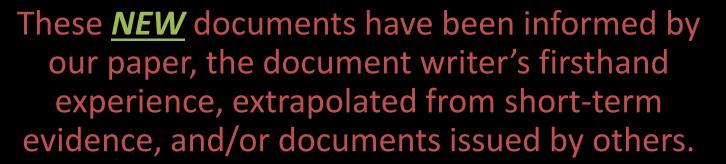












But, some lack key info.

























Safety: Exposure to Contaminated Water during Flushing and Heat Exhaustion

Personal Protective Equipment

OSHA and other worker safety agencies recommend <u>respirators</u> (N95) if Legionella is <u>suspected or possible</u>

For respirators, medical clearance and a respiratory protection program is needed

Reduce exposure by applying controls

My personal warnings...

- Some people are sending workers to flush stagnant water that may have pathogens without any respiratory protection. Bad idea.
- Some people think "masks" are respirators. They are not.
- Persons with preexisting conditions should avoid this activity
- Getting a building flushed is a lot of work. Don't do too much at once.



COVID-19 Lessons from a School, Indiana USA

Kyungyeon Ra et al. – In Progress



3 buildings on campus, built in the 1960s 3 months of low to no water use, little irrigation use

Characteristics

- Public water supplier service area chlorine residual range <0.2 to 1.3 mg/L
- Each building has 1 service line, 1 water heater, no recirc loops
- Copper pipe, kitchen, classroom, bathroom sinks, toilets, water fountains; outdoor spigots; refrigerators, dishwashers, coffeemaker connected to the building water system; no showers, no cooling towers



COVID-19 Lessons from a Large Residential Building, Indiana USA

Proctor and Angert et al. – In Progress

Built in the 1940s Zero water use during summer 2020 10,000 sqft,

Typically 20+ people living in the building

Characteristics

- Public water supplier service area chlorine residual
- The building has 1 service line, 1 water heater + extra tank, no recirc loops
- Water softener, Galvanized iron pipe + copper pipe,
- Kitchen, bathroom sinks, toilets, outdoor spigots; refrigerators, dishwashers, YES showers





COVID-19 Lessons from an Institutional Campus, Indiana USA

Kyungyeon Ra et al. – In Progress



4 buildings, various uses: classroom, administrative, laboratories, food preparation, breakrooms, bathrooms

Periodic flushing by owner during the pandemic

Characteristics

Public water supplier, free chlorine
Each building has 1 service line, some have multiple water
heaters, and recirc loops, various ages



Building Water Stagnation Guide

In Development, To be released 2020

Lead By:



Supported By:



With Support From:











Tips: What does a building owner need?

Digital Disinfectant Residual Analyzer







HACH DR300 ~\$500/each



Digital Thermometer

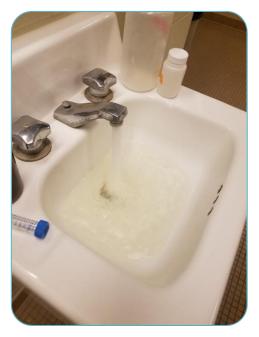
Thermapen ~\$90/each

Here are just 2 examples. NOTE: Do not use pool disinfectant test kits. Test strips can be misleading.



Tips: The Big Flush Out

Clean aerators







Address all outlets

Clean them well



Don't Forget!

Deal with water treatment





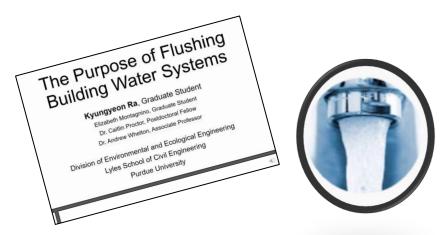




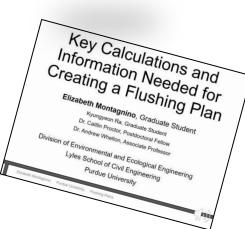
Flush appliances



Learn how to create a building flushing plan



Visit our
Plumbing Safety
YouTube
Channel for Short
Education Videos



Example Procedure for Flushing an Actual School Building

April 6, 2020, Version 1

I. Background

Sometimes buildings are shutdown or experience long-periods of low occupancy and the water inside the property plumbing stagnates. Water can stagnate inside the building pipes and tanks, but also in the buried water service line that transports drinking water from its source to the building. Stagnation allows for contaminant levels of metals such as lead and copper to increase in the water. Microbes are also likely to grow. Under routine building water use, the amount of contamination in water is not typically a problem, but long stagnation periods can cause water quality to deteriorate to unacceptable levels. To remove this water from the property plumbing, a procedure was developed based on asbuilt construction drawings and experience inside the building. The procedure below is provided to help demonstrate the steps needed to flush the stagnant water from the plumbing of a specific building and replace it with fresh water from the water utility main buried out in front of the property.

This guidance was developed using as-built drawings for an actual building where the characteristics were known. Factors of safety were not applied. Due to non-ideal flows commonly encountered in plumbing, stated flushing times may need to be increased. In a prior study for flushing home interior faucets the factory of safety applied was 10. So, all flushing times may need to be 10% longer. No safety factors were applied.

Building Characteristics

Year Built 2011

Size

- 2 floors (1st floor: classrooms, auditorium, two gyms, and cafeteria; 2nd floor: mechanical attic)
- · All water only located on first floor
- The building area is 200,000 square feet, while the total area for the property (including sporting fields) is 3,378,152 square feet
- There are 12 different building sections (A, B, C, D, E, F, G, H, J, L, K) and each has various uses.

Water Transport and Use on Property:

- A public water system (PWS) delivers chloraminated drinking water to the property through a buried service line.
- PWS water used for drinking, appliances, hot water, and irrigation.
- After passing through the water meter, an 8 inch PVC pipe service loop circles entire
 school campus [3,481 feet, volume 9,089 gallons]. Some branches exist that convey water
 to a field house, concession stand, and yard hydrants (a 2 inch existing fire hydrant
 branches off from the fire line around the building to near the concession stand, and few
 others are located outside the building).
- 4 inch irrigation pipe line also branches off from the fire line around the building. In this
 document, flushing of the irrigation line is not included. The building service line and
 building itself is only the focus.
- Water enters the school building by traveling through this loop, and then into a 4 inch ductile iron pipe [160 ft, volume 104 gallons]

Devices:

- Two point-of-entry water softeners (52.36 gallons each, one used at a time)
- Four water heaters (130 gallons each)
- Total four hot water recirculation loops, one heater for each loop (a 150°C loop for the kitchen and three 120°C loops for domestic water)

1

Questions?

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Other Reports Coming Soon from Us in 2020:

Lessons learned: Camp Fire disaster water contamination:

https://doi.org/10.1002/aws2.1183

School water copper and legionella contamination investigation Testing results of our ongoing rapid response water stagnation study



Define water testing considerations

Risk factors = Population, stagnation duration, building specific issues, exposure potential

Locations = At the POE, outlet type, distance from the POE, cold and/or hot systems

<u>Level 1:</u> Disinfectant residual and water temperature. *If not doing this now, please start.*

<u>Level 2:</u> Copper, lead for ingestion exposure locations – fountains, breakroom faucets, cafeteria faucets, etc.

<u>Level 3:</u> Legionella and other microorganisms. Applicable for inhalation (and dermal) exposure locations – showers, decorative fountains, cooling towers, etc.