

A Heuristic Strategy for Cognitive State-based Feedback Control to Accelerate Human Learning



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Project Objective

- Autonomous systems are used to help humans attain new skills [1]. Existing systems use human performance feedback to predict decision making behavior [2].
 - Cognitive factors are integral to designing effective human machine interaction [3]. Current intelligent tutoring systems utilize strategies to meet individual student needs, e.g., improving self-confidence [4]
 - The same strategies are applicable to learning **outside of the classroom**.
- Goal: Propose and validate a heuristic strategy that calibrates self-confidence to skill using strategic automation assistance allocation**

Experimental Setup and Methodology

User Study: Participants practice landing quadrotor in training module in 20 trials

Heuristic Strategy Design:

Manual mode M_1 or **shared control** M_2 mode is assigned to trials based on the heuristic strategy (Table 1) or benchmark strategy (Table 2).

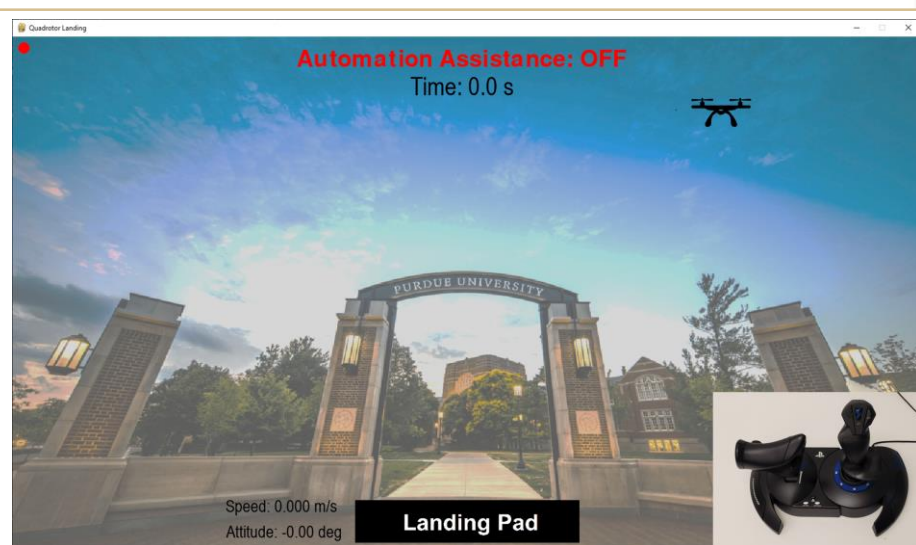


Figure 1: Experimental Platform

Heuristic strategy designed to calibrate self-confidence to skill.

- M_2 - user assisted by static control law u_a augmenting user input u_h . Quadrotor input $u(n) = 0.9u_h(n) + 0.1u_a(n)$.

Table 1. Heuristic strategy using performance metrics and self-confidence cognitive feedback

	Performance Change			
	Decrease	Constant Low	Constant High	Increase
Green denotes calibrated self-confidence				
Over-confidence	2 M_2	2 M_2	2 M_1	2 M_1
	2 M_2	1 $M_1 \rightarrow 2 M_2$	M_1	2 M_1
Under-confidence				

Table 2. Benchmark strategy using performance metrics

Low Performance	High Performance
2 M_2	2 M_1

- Participants randomly placed into two groups. Group 1 used heuristic strategy while group 2 used benchmark.
- 40 participants completed the user study (17 male, 22 female). Participants ages ranged between 18-57 years (mean = 24 years). Each participant was compensated at a rate of \$20/hr.

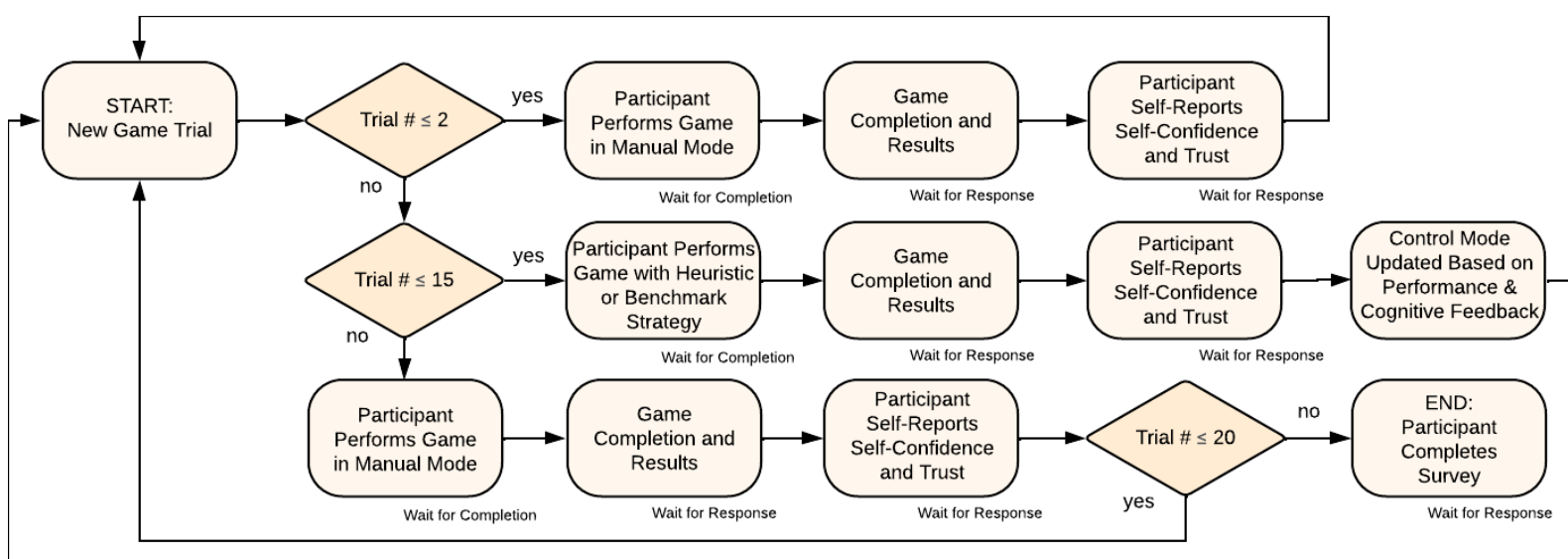


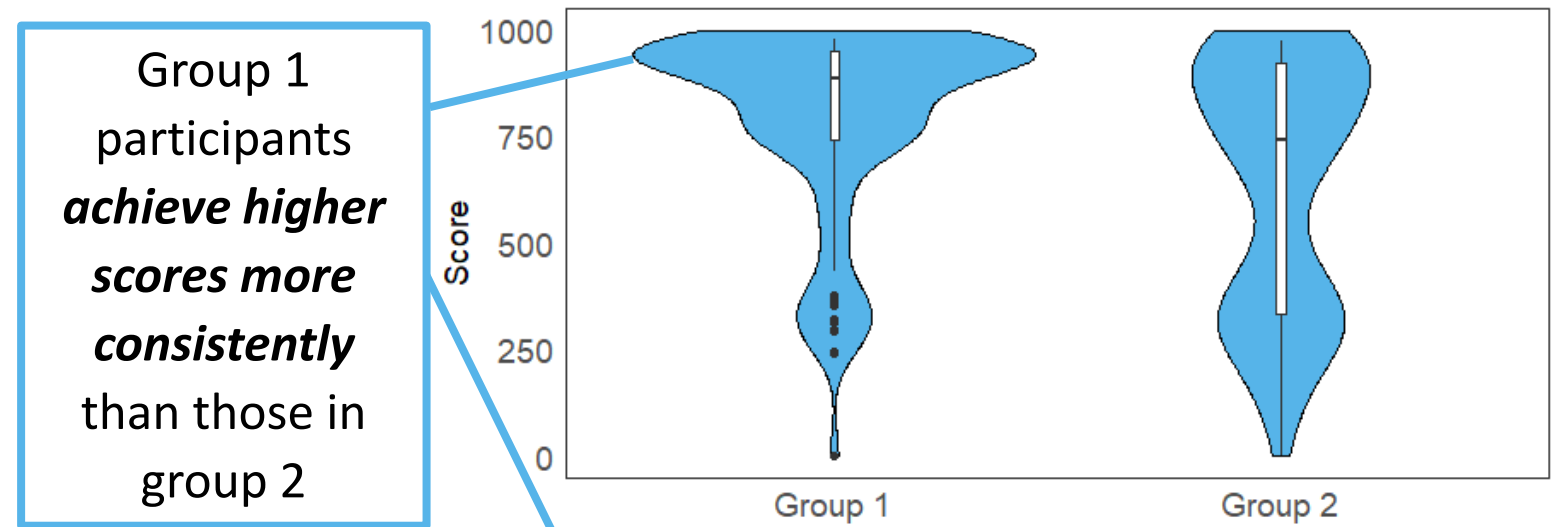
Figure 2: Flowchart of sequence of events for 20 trials

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Results



Group 1 participants **achieve higher scores more consistently** than those in group 2

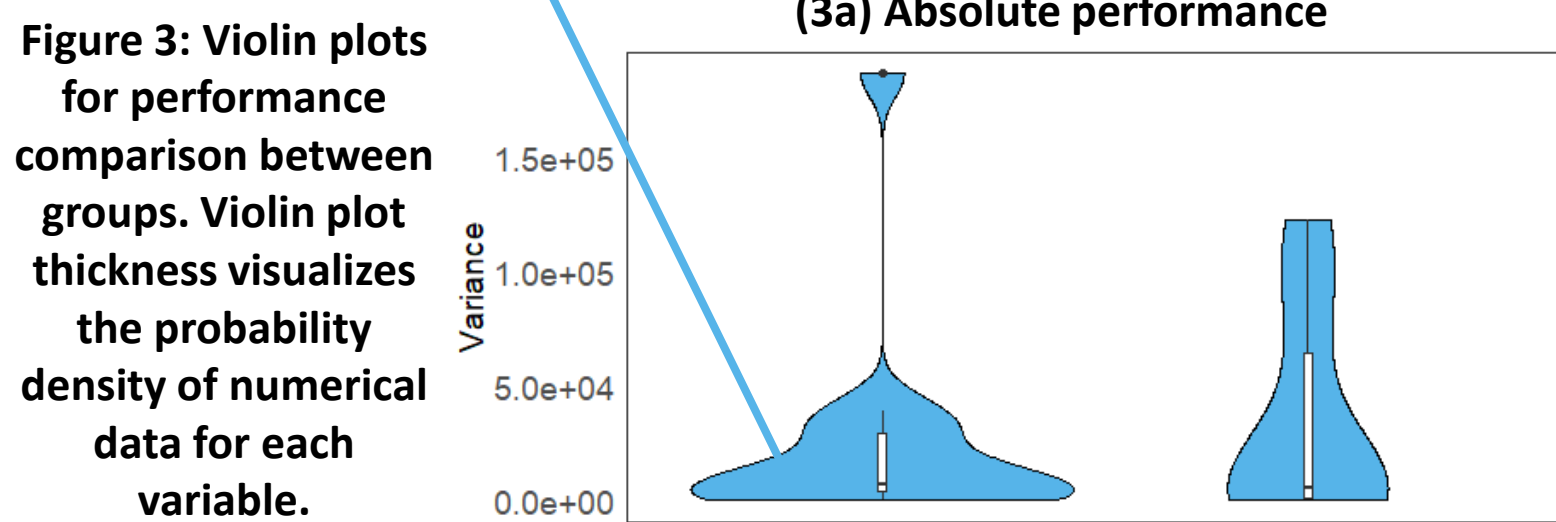


Figure 3: Violin plots for performance comparison between groups. Violin plot thickness visualizes the probability density of numerical data for each variable.

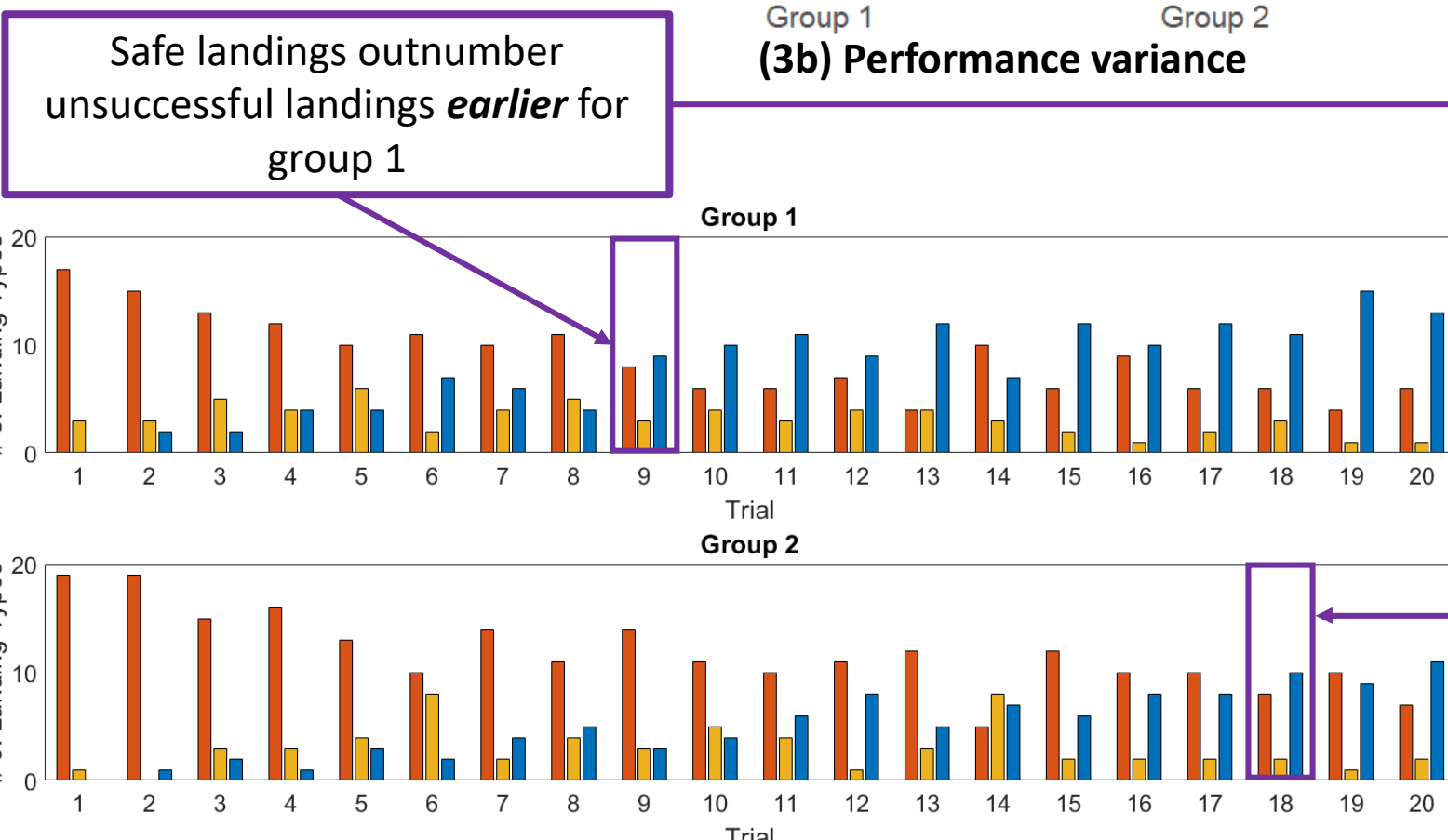


Figure 4: Bar plot showing unsuccessful, unsafe, and safe landings over 20 trials

Table 3: Self-confidence regression p-values & significance
Note: * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$

Regressor	Group 1	Group 2
Intercept	0.750	0.387
Trial k	0.349	0.900
Previous self-confidence SC_{k-1}	$< 2e - 16$ ***	$< 2e - 16$ ***
Shared Control mode M_2	0.008 **	0.465
RMS	0.075	0.045 *
Safe Landing	$1.210e - 05$ ***	0.001 **
Unsafe Landing	$2.690e - 04$ ***	$7.750e - 05$ ***
Score S_k	0.011 *	0.144
Landing x position x_k	0.205	0.313
Landing y position y_k	0.512	$6.140e - 05$ ***
Landing velocity v_k	0.059	0.331
Landing attitude θ_k	0.402	0.337
Landing time t_k	0.036 *	0.383
Multiple R^2	0.8479	0.8497
Adjusted R^2	0.8429	0.8448

Group 1 participants focused on advanced metrics like t_k and v_k to **achieve higher scores**.

Group 2 participants focused on **flying the quadrotor to landing pad, not safe landings**. y_k and RMS more significant

Conclusions and Future Work

- Participants using heuristic strategy for self-confidence calibration demonstrated accelerated learning compared to benchmark group.
- Future work will identify differences in how novices and experts transition through learning stages and developing a probabilistic dynamic model of human cognitive states to predict self-confidence

