



COUNSELING & PSYCHOLOGICAL SERVICES

Supporting your success as a Boilermaker.

The goal of our services is to support your overall success throughout your Purdue journey. Counseling and Psychological Services (CAPS) is a team of mental health professionals who deliver accessible, culturally competent and high-quality psychological services to Purdue students on the West Lafayette and Indianapolis campuses, as well as Online students.

OUR SUPPORT CAN INCLUDE:

Same day/next day brief screening to provide services based upon your need with no predefined session limits.

Drop-in opportunities on campus such as workshops or one-on-one time with a CAPS clinician.

Training, education, and self-help resources such as QPR training, outreach programming and online resources.



Let's Talk!

Do you have a brief concern? Let's Talk is a confidential, informal drop-in consultation session with a CAPS clinician.



To schedule a same/day/next day brief screening, call 765-494-6995 or visit <https://tinyurl.com/capscontact>.

To learn more about CAPS, visit purdue.edu/CAPS or connect with us on social media.



Counseling and Psychological Services

 @purdueCAPS
purdue.edu/CAPS  @CAPSatPurdue



CAPS RESOURCES - QUICK GUIDE

Same Day/Next Day Brief Screen Call 765-494-6995



Scan the QR Code to learn more on this process:

bit.ly/caps-contact

Therapy Assistance Online (TAO)

TAO provides free, confidential, online well-being resources. TAO is a self-guided program informed by psychotherapy research and strategies that provides assistance to help overcome anxiety, depression and other concerns.



Scan the QR Code to learn more:

bit.ly/TAOsignup

Crisis Support

Call 911 if your crisis is life threatening. Ask to speak to the Purdue Police CIT Officer.

Call CAPS at (765) 494-6995 for mental health crisis situations. A therapist will conduct a crisis assessment and disposition.

Drop-in Programs & Workshops

CAPS offers weekly confidential, informal drop-in consultations as well as workshops during days/times throughout the year.



Scan the QR Code to learn more about workshops:

bit.ly/caps-workshop

After Hours Support

- Call CAPS at (765) 494-6995, then press 1.
- National Suicide Hotline: (800) 273-8255
- Mental Health America Crisis Center Lafayette, IN: (765) 742-0244