

PGSG MHAW
Synchronous programming for the week

Mon (19th)

10am-12pm EDT

Dr. Drew Zaitsoff (CAPS) on **Addressing graduate student stress during a pandemic**

RSVP (Virtual): tinyurl.com/pgsg-caps

5pm-7pm EDT

Dr. Marisa Exter (CoEducation) on **Mental health in college: Normalizing the conversation**

RSVP (Virtual): tinyurl.com/mhaw-coe

Wed (21st)

10am-11am EDT

Racial trauma discussion panel

RSVP (Virtual): tinyurl.com/pgsg-racial-trauma

5pm-6:30pm EDT

Will Evans (RecWell) on **Mental Wellness**

RSVP (Virtual): tinyurl.com/mhaw-recwell

7pm-9pm EDT

PGSG Craft Night

RSVP (Virtual): tinyurl.com/mhawpgsg

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Thu (22nd)

10am-11:30am EDT

Brandi Christiansen (MHA) on **Mental Wellness**

RSVP (Virtual): tinyurl.com/brandi-mha

5pm-6pm EDT

Purdue cultural centers strategies during the pandemic

RSVP (Virtual): tinyurl.com/mhaw-culttural

7pm-9pm EDT

GroupX (RecWell): **Yoga on demand**

RSVP (Virtual): tinyurl.com/mhaw-groupx

Fri (23rd)

12pm-1.30pm EDT

Conversation on

"Looking at the glass half full"

RSVP (Virtual): tinyurl.com/pgsg-half-full