



# Engineering Graduate Student Health & Wellness Fair

## October 22, 2019, ARMS Atrium, From 11:30 AM - 1:30 PM

### About:

Engineering graduate students are encouraged to attend the Health and Wellness Fair to learn about the many services available to them on campus to improve their quality of life while in graduate school and beyond.

**Healthy snacks and a light lunch are included**

### Free Screenings

Join us for these **FREE** screenings:

- Blood Pressure
- Glucose
- Cholesterol
- Vision
- Body Mass Index
- O2 Saturation

Also available:

- Flu Shots - No co-pay with Anthem AHP (must have proof of insurance), but there is a \$25 fee without
- Self Care Kits - \$21.39 (a \$39 Value)

**ONLY** credit/debit cards can be accepted at the fair

### Prizes:

- 1 - Fitbit- Versa Special Edition
- 2 - \$100.00 gift card to Home Chef
- 1 - \$20.00 gift card to AJ's Burgers and Beef
- 3 - 5 one-game passes to Arrowhead Bowl
- 1 - 2 passes to Riverside Ice Skating Rink
- 1 - \$25.00 gift card to Fresh Thyme
- 1 - 2 movie passes to Goodrich Theaters
- 1 - 4 passes to Hole-in-One Family Fun
- 2 - \$25.00 gift card to LaScala
- 2 - 2 tickets for "One Small Step" at Loeb Playhouse

### CONTEST

The GSO with the highest percentage of student participation wins an

**ESPRESSO MACHINE**

### Resources for Mind, Body & Spirit

- Therapy Dogs International
- Ace Food Pantry
- College of Pharmacy
- School of Nursing
- Sky at Purdue - Relaxation techniques
- Counseling & Psychological Services (CAPS)
- Human Resources
- Co-Rec - Recreation and Wellness
- Speech, Language, and Hearing Science
- Police, Fire, REM and Emergency Preparedness
- Purdue Counseling and Guidance Center
- Disability Resource Center
- Center for Advocacy, Response, and Education Office
- Student Legal Services Office
- Center for Career Opportunities

**And many more...**

