

ECE 595: Machine Learning I

Lecture 05 Gradient Descent

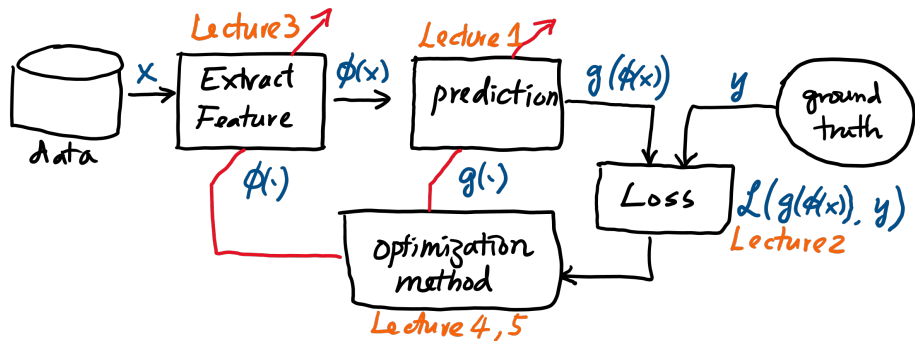
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Outline



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Mathematical Background

- Lecture 4: Intro to Optimization
- **Lecture 5: Gradient Descent**

Lecture 5: Gradient Descent

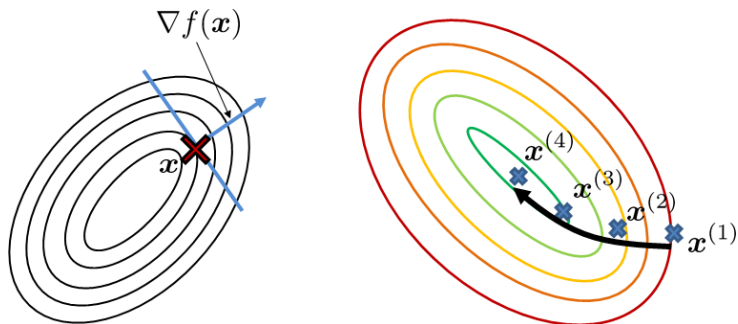
- **Gradient Descent**
 - **Descent Direction**
 - **Step Size**
 - **Convergence**
- Stochastic Gradient Descent
 - Difference between GD and SGD
 - Why does SGD work?

Gradient Descent

The algorithm:

$$\mathbf{x}^{(t+1)} = \mathbf{x}^{(t)} - \alpha^{(t)} \nabla f(\mathbf{x}^{(t)}), \quad t = 0, 1, 2, \dots,$$

where $\alpha^{(t)}$ is called the **step size**.



Why is the direction $-\nabla f(\mathbf{x})$?

- Recall (Lecture 4): If \mathbf{x}^* is optimal, then

$$\lim_{\epsilon \rightarrow 0} \underbrace{\frac{1}{\epsilon} [f(\mathbf{x}^* + \epsilon \mathbf{d}) - f(\mathbf{x}^*)]}_{\geq 0, \forall \mathbf{d}} = \nabla f(\mathbf{x}^*)^T \mathbf{d}$$
$$\implies \nabla f(\mathbf{x}^*)^T \mathbf{d} \geq 0, \quad \forall \mathbf{d}$$

- But if $\mathbf{x}^{(t)}$ is not optimal, then we want

$$f(\mathbf{x}^{(t)} + \epsilon \mathbf{d}) \leq f(\mathbf{x}^{(t)})$$

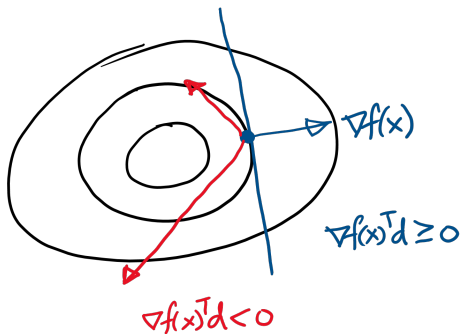
- So,

$$\lim_{\epsilon \rightarrow 0} \underbrace{\frac{1}{\epsilon} [f(\mathbf{x}^{(t)} + \epsilon \mathbf{d}) - f(\mathbf{x}^{(t)})]}_{\leq 0, \text{ for some } \mathbf{d}} = \nabla f(\mathbf{x}^{(t)})^T \mathbf{d}$$
$$\implies \nabla f(\mathbf{x}^{(t)})^T \mathbf{d} \leq 0$$

Descent Direction

Pictorial illustration:

- $\nabla f(\mathbf{x})$ is **perpendicular** to the contour.
- A search direction \mathbf{d} can either be on the positive side $\nabla f(\mathbf{x})^T \mathbf{d} \geq 0$ or negative side $\nabla f(\mathbf{x})^T \mathbf{d} < 0$.
- Only those on the negative side can reduce the cost.
- All such \mathbf{d} 's are called the **descent directions**.



The Steepest \mathbf{d}

Previous slide: If $\mathbf{x}^{(t)}$ is not optimal yet, then some \mathbf{d} will give

$$\nabla f(\mathbf{x}^{(t)})^T \mathbf{d} \leq 0.$$

- So, let us make $\nabla f(\mathbf{x}^{(t)})^T$ as negative as possible.

$$\mathbf{d}^{(t)} = \underset{\|\mathbf{d}\|_2 = \delta}{\operatorname{argmin}} \nabla f(\mathbf{x}^{(t)})^T \mathbf{d},$$

- We need δ to control the magnitude; Otherwise \mathbf{d} is unbounded.
- The solution is

$$\mathbf{d}^{(t)} = -\nabla f(\mathbf{x}^{(t)})$$

- Why? By Cauchy Schwarz,

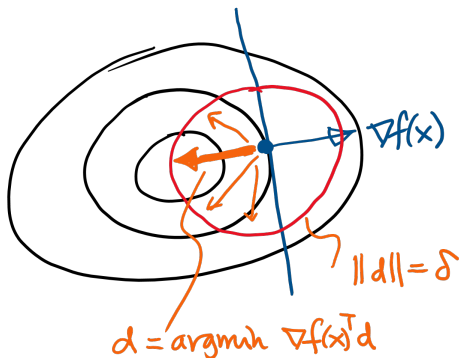
$$\nabla f(\mathbf{x}^{(t)})^T \mathbf{d} \geq -\|\nabla f(\mathbf{x}^{(t)})\|_2 \|\mathbf{d}\|_2.$$

- Minimum attained when $\mathbf{d} = -\nabla f(\mathbf{x}^{(t)})$.
- Set $\delta = \|\nabla f(\mathbf{x}^{(t)})\|_2$.

Steepest Descent Direction

Pictorial illustration:

- Put a ball surrounding the current point.
- All \mathbf{d} 's inside the ball are feasible.
- Pick the one that minimizes $\nabla f(\mathbf{x})^T \mathbf{d}$.
- This direction must be parallel (but opposite sign) to $\nabla f(\mathbf{x})$.



Step Size

The algorithm:

$$\mathbf{x}^{(t+1)} = \mathbf{x}^{(t)} - \alpha^{(t)} \nabla f(\mathbf{x}^{(t)}), \quad t = 0, 1, 2, \dots,$$

where $\alpha^{(t)}$ is called **the step size**.

- **1. Fixed step size**

$$\alpha^{(t)} = \alpha.$$

- **2. Exact line search**

$$\alpha^{(t)} = \underset{\alpha}{\operatorname{argmin}} f\left(\mathbf{x}^{(t)} + \alpha \mathbf{d}^{(t)}\right),$$

- E.g., if $f(\mathbf{x}) = \frac{1}{2} \mathbf{x}^T \mathbf{H} \mathbf{x} + \mathbf{c}^T \mathbf{x}$, then

$$\alpha^{(t)} = -\frac{\nabla f(\mathbf{x}^{(t)})^T \mathbf{d}^{(t)}}{\mathbf{d}^{(t)T} \mathbf{H} \mathbf{d}^{(t)}}.$$

- **3. Inexact line search:**

Amijo / Wolfe conditions. See Nocedal-Wright Chapter 3.1.

Convergence

Let \mathbf{x}^* be the global minimizer. Assume the followings:

- Assume f is **twice differentiable** so that $\nabla^2 f$ exist.
- Assume $0 \preceq \lambda_{\min} \mathbf{I} \preceq \nabla^2 f(\mathbf{x}) \preceq \lambda_{\max} \mathbf{I}$ for all $\mathbf{x} \in \mathbb{R}^n$
- Run gradient descent with **exact line search**.

Then, (Nocedal-Wright Chapter 3, Theorem 3.3)

$$\begin{aligned} f(\mathbf{x}^{(t+1)}) - f(\mathbf{x}^*) &\leq \left(1 - \frac{\lambda_{\min}}{\lambda_{\max}}\right)^2 \left(f(\mathbf{x}^{(t)}) - f(\mathbf{x}^*)\right) \\ &\leq \left(1 - \frac{\lambda_{\min}}{\lambda_{\max}}\right)^4 \left(f(\mathbf{x}^{(t-1)}) - f(\mathbf{x}^*)\right) \\ &\leq \vdots \\ &\leq \left(1 - \frac{\lambda_{\min}}{\lambda_{\max}}\right)^{2t} \left(f(\mathbf{x}^{(1)}) - f(\mathbf{x}^*)\right). \end{aligned}$$

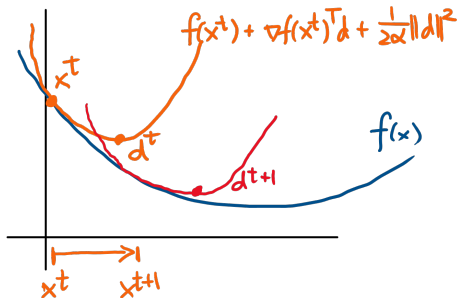
Thus, $f(\mathbf{x}^{(t)}) \rightarrow f(\mathbf{x}^*)$ as $t \rightarrow \infty$.

Understanding Convergence

- Gradient descent can be viewed as **successive approximation**.
- Approximate the function as

$$f(\mathbf{x}^t + \mathbf{d}) \approx f(\mathbf{x}^t) + \nabla f(\mathbf{x}^t)^T \mathbf{d} + \frac{1}{2\alpha} \|\mathbf{d}\|^2.$$

- We can show that the \mathbf{d} that minimizes $f(\mathbf{x}^t + \mathbf{d})$ is $\mathbf{d} = -\alpha \nabla f(\mathbf{x}^t)$.
- This suggests: Use a **quadratic function** to locally approximate f .
- Converge when curvature α of the approximation is not too big.



Advice on Gradient Descent

- Gradient descent is useful because
 - Simple to implement (compared to ADMM, FISTA, etc)
 - Low computational cost per iteration (no matrix inversion)
 - Requires only first order derivative (no Hessian)
 - Gradient is available in deep networks (via back propagation)
- Most machine learning has built-in (stochastic) gradient descents
- Welcome to implement your own, but you need to be careful
 - Convex non-differentiable problems, e.g., ℓ_1 -norm
 - Non-convex problem, e.g., ReLU in deep network
 - Trap by local minima
 - Inappropriate step size, a.k.a. learning rate
- Consider more “transparent” algorithms such as CVX when
 - Formulating problems. No need to worry about algorithm.
 - Trying to obtain insights.

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Lecture 5: Gradient Descent

- Gradient Descent
 - Descent Direction
 - Step Size
 - Convergence
- **Stochastic Gradient Descent**
 - **Difference between GD and SGD**
 - **Why does SGD work?**

Stochastic Gradient Descent

Most loss functions in machine learning problems are **separable**:

$$J(\boldsymbol{\theta}) = \frac{1}{N} \sum_{n=1}^N \mathcal{L}(g_{\boldsymbol{\theta}}(\mathbf{x}^n), y^n) = \frac{1}{N} \sum_{n=1}^N J_n(\boldsymbol{\theta}). \quad (1)$$

For example,

- Square-loss:

$$J(\boldsymbol{\theta}) = \sum_{n=1}^N (g_{\boldsymbol{\theta}}(\mathbf{x}^n) - y^n)^2$$

- Cross-entropy loss:

$$J(\boldsymbol{\theta}) = - \sum_{n=1}^N \left\{ y^n \log g_{\boldsymbol{\theta}}(\mathbf{x}^n) + (1 - y^n) \log(1 - g_{\boldsymbol{\theta}}(\mathbf{x}^n)) \right\}$$

- Logistic loss:

$$J(\boldsymbol{\theta}) = \sum_{n=1}^N \log(1 + e^{-y^n \boldsymbol{\theta}^T \mathbf{x}^n})$$

Full Gradient VS Partial Gradient

Vanilla **gradient descent**:

$$\boldsymbol{\theta}^{t+1} = \boldsymbol{\theta}^t - \underbrace{\eta^t \nabla J(\boldsymbol{\theta}^t)}_{\text{main computation}} . \quad (2)$$

The full gradient of the loss is

$$\nabla J(\boldsymbol{\theta}) = \frac{1}{N} \sum_{n=1}^N \nabla J_n(\boldsymbol{\theta}) \quad (3)$$

Stochastic gradient descent:

$$\nabla J(\boldsymbol{\theta}) \approx \frac{1}{|\mathcal{B}|} \sum_{n \in \mathcal{B}} \nabla J_n(\boldsymbol{\theta}) \quad (4)$$

where $\mathcal{B} \subseteq \{1, \dots, N\}$ is a random subset. $|\mathcal{B}| = \text{batch size}$.

SGD Algorithm

Algorithm (Stochastic Gradient Descent)

- 1 Given $\{(\mathbf{x}^n, y^n) \mid n = 1, \dots, N\}$.
- 2 Initialize θ (zero or random)
- 3 For $t = 1, 2, 3, \dots$
 - Draw a random subset $\mathcal{B} \subseteq \{1, \dots, N\}$.
 - Update

$$\theta^{t+1} = \theta^t - \eta^t \frac{1}{|\mathcal{B}|} \sum_{n \in \mathcal{B}} \nabla J_n(\theta) \quad (5)$$

- If $|\mathcal{B}| = 1$, then use only one sample at a time.
- The approximate gradient is **unbiased**: (See Appendix for Proof)

$$\mathbb{E} \left[\frac{1}{|\mathcal{B}|} \sum_{n \in \mathcal{B}} \nabla J_n(\theta) \right] = \nabla J(\theta).$$

Interpreting SGD

- Just showed that the SGD step is unbiased:

$$\mathbb{E} \left[\frac{1}{|\mathcal{B}|} \sum_{n \in \mathcal{B}} \nabla J_n(\boldsymbol{\theta}) \right] = \nabla J(\boldsymbol{\theta}).$$

- Unbiased gradient implies that each update is

gradient + zero-mean noise

- Step size: SGD with constant step size **does not converge**.
- If $\boldsymbol{\theta}^*$ is a minimizer, then $J(\boldsymbol{\theta}^*) = \frac{1}{N} \sum_{n=1}^N J_n(\boldsymbol{\theta}^*) = 0$. But

$$\frac{1}{|\mathcal{B}|} \sum_{n \in \mathcal{B}} J_n(\boldsymbol{\theta}^*) \neq 0, \quad \text{since } \mathcal{B} \text{ is a subset.}$$

- Typical strategy: Start with large step size and gradually decrease: $\eta^t \rightarrow 0$, e.g., $\eta^t = t^{-a}$ for some constant a .

Perspectives of SGD

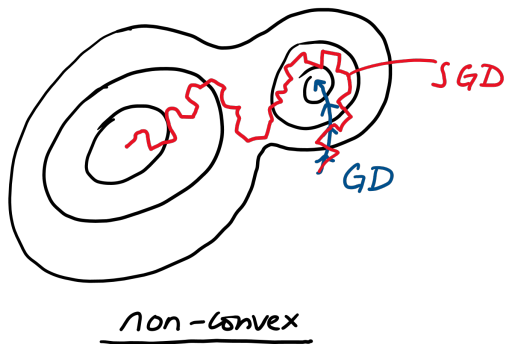
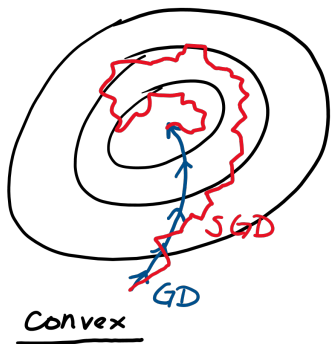
Classical optimization literature have the following observations.

- Compared to GD in **convex** problems:
- SGD offers a **trade-off** between accuracy and efficiency
- More iterations
- Less gradient evaluation per iteration
- Noise is a by-product

Recent studies of SGD for **non-convex** problems found that

- SGD for training deep neural networks works
- SGD finds solution faster
- SGD find a better local minima
- Noise matters

GD compared to SGD



Smoothing the Landscape

Analyzing SGD is an active research topic. Here is one by Kleinberg et al. (<https://arxiv.org/pdf/1802.06175.pdf> ICML 2018)

- The SGD step can be written as GD + noise:

$$\begin{aligned}\mathbf{x}^{t+1} &= \mathbf{x}^t - \eta(\nabla f(\mathbf{x}^t) + \mathbf{w}^t) \\ &= \underbrace{\mathbf{x}^t - \eta\nabla f(\mathbf{x}^t)}_{\stackrel{\text{def}}{=} \mathbf{y}^t} - \eta\mathbf{w}^t.\end{aligned}$$

- \mathbf{y}^t is the “ideal” location returned by GD.
- Let us analyze \mathbf{y}^{t+1} :

$$\begin{aligned}\mathbf{y}^{t+1} &\stackrel{\text{def}}{=} \mathbf{x}^{t+1} - \eta\nabla f(\mathbf{x}^{t+1}) \\ &= (\mathbf{y}^t - \eta\mathbf{w}^t) - \eta\nabla f(\mathbf{y}^t - \eta\mathbf{w}^t)\end{aligned}$$

- Assume $\mathbb{E}[\mathbf{w}] = 0$, then

$$\mathbb{E}[\mathbf{y}^{t+1}] = \mathbf{y}^t - \eta\nabla\mathbb{E}[f(\mathbf{y}^t - \eta\mathbf{w}^t)]$$

Smoothing the Landscape

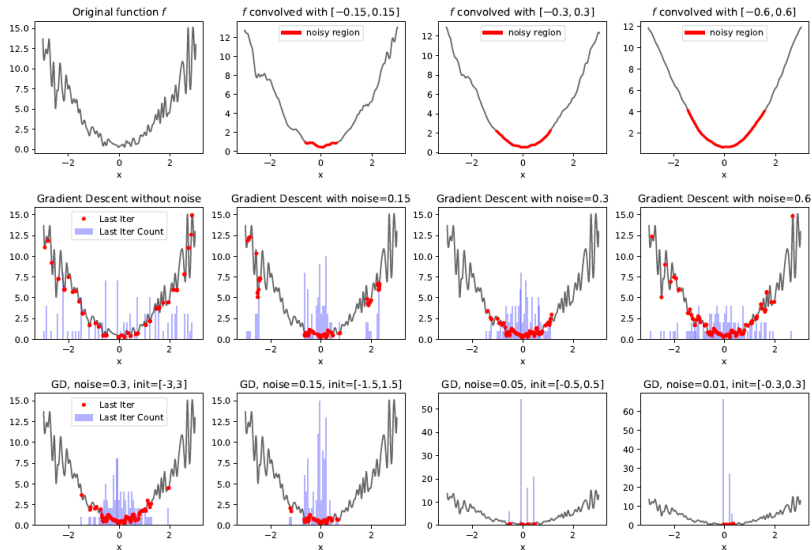
- Let us look at $\mathbb{E}[f(\mathbf{y}^t - \eta \mathbf{w}^t)]$:

$$\mathbb{E}[f(\mathbf{y} - \eta \mathbf{w})] = \int f(\mathbf{y} - \eta \mathbf{w}) p(\mathbf{w}) d\mathbf{w},$$

where $p(\mathbf{w})$ is the distribution of \mathbf{w} .

- $\int f(\mathbf{y} - \eta \mathbf{w}) p(\mathbf{w}) d\mathbf{w}$ is the **convolution** between f and p .
- $p(\mathbf{w}) \geq 0$ for all \mathbf{w} , so the convolution always **smooths** the function.
- Learning rate controls the smoothness
- Too small: Under-smooth. You have not yet escaped from bad local minimum.
- Too large: Over-smooth. You may miss a local minimum.

Smoothing the Landscape



Reading List

Gradient Descent

- S. Boyd and L. Vandenberghe, “Convex Optimization”, Chapter 9.2-9.4.
- J. Nocedal and S. Wright, “Numerical Optimization”, Chapter 3.1-3.3.
- Y. Nesterov, “Introductory lectures on convex optimization”, Chapter 2.
- CMU 10.725 Lecture <https://www.stat.cmu.edu/~ryantibs/convexopt/lectures/grad-descent.pdf>

Stochastic Gradient Descent

- CMU 10.725 Lecture <https://www.stat.cmu.edu/~ryantibs/convexopt/lectures/stochastic-gd.pdf>
- Kleinberg et al. (2018) “When Does SGD Escape Local Minima”, <https://arxiv.org/pdf/1802.06175.pdf>

Appendix

Proof of Unbiasedness of SGD gradient

Lemma

If n is a random variable with uniform distribution over $\{1, \dots, N\}$, then

$$\mathbb{E} \left[\frac{1}{|\mathcal{B}|} \sum_{n \in \mathcal{B}} \nabla J_n(\boldsymbol{\theta}) \right] = \nabla J(\boldsymbol{\theta}).$$

Denote the density function of n as $p(n) = 1/N$. Then,

$$\begin{aligned} \mathbb{E} \left[\frac{1}{|\mathcal{B}|} \sum_{n \in \mathcal{B}} \nabla J_n(\boldsymbol{\theta}) \right] &= \frac{1}{|\mathcal{B}|} \sum_{n \in \mathcal{B}} \mathbb{E} [\nabla J_n(\boldsymbol{\theta})] = \frac{1}{|\mathcal{B}|} \sum_{n \in \mathcal{B}} \left\{ \sum_{n=1}^N J_n(\boldsymbol{\theta}) p(n) \right\} \\ &= \frac{1}{|\mathcal{B}|} \sum_{n \in \mathcal{B}} \left\{ \frac{1}{N} \sum_{n=1}^N J_n(\boldsymbol{\theta}) \right\} = \frac{1}{|\mathcal{B}|} \sum_{n \in \mathcal{B}} \nabla J(\boldsymbol{\theta}) = \nabla J(\boldsymbol{\theta}). \end{aligned}$$

Q&A 1: What is momentum method?

- The momentum method was originally proposed by Polyak (1964).
- Momentum method says:

$$\mathbf{x}^{t+1} = \mathbf{x}^t - \alpha [\beta \mathbf{g}^{t-1} + (1 - \beta) \mathbf{g}^t],$$

where $\mathbf{g}^t = \nabla f(\mathbf{x}^t)$, and $0 < \beta < 1$ is the damping constant.

- Momentum method can be applied to both gradient descent and stochastic gradient descent.
- A variant is the Nesterov accelerated gradient (NAG) method (1983).
- Importance of NAG is elaborated by Sutskever et al. (2013).
- The key idea of NAG is to write \mathbf{x}^{t+1} as a **linear combination** of \mathbf{x}^t and the span of the **past gradients**.
- Yurii Nesterov proved that such combination is the best one can do with first order methods.

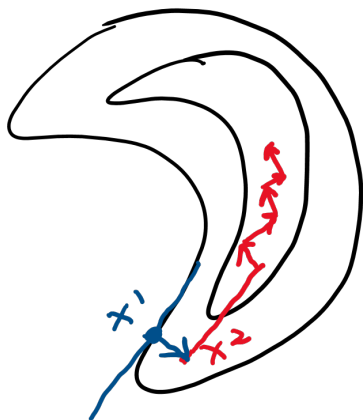
Q&A 1: What is momentum method?

Here are some references on momentum method.

- Sutskever et al. (2013), “On the importance of initialization and momentum in deep learning”,
<http://proceedings.mlr.press/v28/sutskever13.pdf>
- UIC Lecture Note
<https://www2.cs.uic.edu/~zhangx/teaching/agm.pdf>
- Cornell Lecture Note <http://www.cs.cornell.edu/courses/cs6787/2017fa/Lecture3.pdf>
- Yurii Nesterov, “Introductory Lectures on Convex Optimization”, 2003. (See Assumption 2.1.4 and discussions thereafter)
- G. Goh, “Why Momentum Really Works”,
<https://distill.pub/2017/momentum/>

Q&A 2: With exact line search, will we get to a minimum in one step?

- No. Exact line search only allows you to converge faster. It does not guarantee convergence in one step.
- Here is an example. The function is called the **rosenbrock function**.



Q&A 3: Any example of gradient descent?

- Consider the loss function

$$J(\boldsymbol{\theta}) = \frac{1}{2} \|\mathbf{A}\boldsymbol{\theta} - \mathbf{y}\|^2$$

- Then the gradient is

$$\nabla J(\boldsymbol{\theta}) = \mathbf{A}^T (\mathbf{A}\boldsymbol{\theta} - \mathbf{y})$$

- So the gradient descent step is

$$\boldsymbol{\theta}^{t+1} = \boldsymbol{\theta}^t + \underbrace{\eta \mathbf{A}^T (\mathbf{A}\boldsymbol{\theta}^t - \mathbf{y})}_{\nabla J(\boldsymbol{\theta}^t)}$$

- Since this is a quadratic equation, you can find the exact line search step size (assume $\mathbf{d} = -\nabla f(\boldsymbol{\theta})$):

$$\eta = -\|\mathbf{d}\|^2 / (\mathbf{d}^T \mathbf{A}^T \mathbf{A} \mathbf{d}).$$

Q&A 4: In finding the steepest direction, why is δ unimportant?

- The constraint $\|\mathbf{d}\| = \delta$ is necessary for minimizing $\nabla f(\mathbf{x})^T \mathbf{d}$. Without the constraint, this problem is unbounded below and the solution is $-\infty$ times whatever direction \mathbf{d} that lives on the negative half plane of ∇f .

- For any δ , the solution (according to Cauchy Schwarz inequality), is

$$\mathbf{d} = -\delta \frac{\nabla f(\mathbf{x})}{\|\nabla f(\mathbf{x})\|}.$$

You can show that this \mathbf{d} minimizes $\nabla f(\mathbf{x})^T \mathbf{d}$ and satisfies $\|\mathbf{d}\| = \delta$.

- Now, if we use this \mathbf{d} in the gradient descent step, the step size α will compensate for the δ .
- So we can just choose $\delta = 1$ and the above derivation will still work.

Q&A 5: What is a good batch size for SGD?

There is no definite answer. Generally you need to look at the validation curve to determine if you need to increase/decrease the mini-batch size. Here are some suggestions in the literature.

- Bengio (2012) <https://arxiv.org/pdf/1206.5533.pdf>
[batch size] is typically chosen between 1 and a few hundreds, e.g. [batch size] = 32 is a good default value, with values above 10 taking advantage of the speedup of matrix-matrix products over matrix-vector products.
- Masters and Luschi (2018) <https://arxiv.org/abs/1804.07612>
The presented results confirm that using small batch sizes achieves the best training stability and generalization performance, for a given computational cost, across a wide range of experiments. In all cases the best results have been obtained with batch sizes $m = 32$ or smaller, often as small as $m = 2$ or $m = 4$.