

Worker's Compensation Resource Packet For Supervisors

October 2016

Table of Contents

Reporting an Injury	1
Medical Care and Transportation	
First Report of Injury Form	
Restrictions and Return to Work	
Physical Demand Levels	
Time Recording	2-3
Medical Provider Listing	4
Medical Transportation Flowchart	5
Example: First Report of Injury Form	6
Example: Worker's Compensation Witness Report Form	7
Restriction Slip Requirements	8
Additional Resources	9



Reporting an Injury:

- Instruct employees to report injuries immediately even if they do not require medical care. Be sure your employees know how and to whom they should report.
- If you observe an obvious impairment in an employee, let them know that you have seen that they are having problems. Ask them if the injury occurred at work.

 If the answer is yes, ask them to explain to you how it happened.

Medical Care and Transportation

- Ask the employee if they need medical care.
- Inform the employee which medical facilities they can use for their work related injury.
- If medical care is needed, work with employee to arrange transportation to an approved work comp medical facility for that first visit.

First Report of Injury Form

- The supervisor should complete the First Report of Injury form electronically and submit it. (Immediately if possible, but no later than 24 hours after the employee reports it.)
- If it is a serious injury, complete a Witness Report Form.

Restrictions and Return to Work

- The employee will return from their medical visit with a restriction/return to work slip.

This will tell you if the employee is temporarily prohibited from certain movements or physical demands until their next appointment.

It is up to the supervisor to determine if there is work available for the employee within those restrictions, or if the employee will need to be off work.

*Can the employee return to their regular job?

*Can they return to their regular job with some modifications?

*Is other work available somewhere in the department?

*Are you aware of another department that has work available?

Physical Demand Levels -- Per the Department of Labor

Occasional 0-33% of the workday (0 - 2.5 hrs/day)

0 - 100 reps/day

Up to 12.5 times per hour 1 time every 5 minutes

Frequent or Repetitive 34 - 66% of the workday (2.5 - 5.5 hrs/day)

101 – 499 reps/day

12 – 62 times per hour

1 time every 5 minutes to 1 time per minute



Constant

67 – 100% of the workday (more than 5.5 hrs/day)
500 reps or more per day
More than 62 times per hour
1 time or more per minute

- If you have questions about whether or not the work available is appropriate with the employee's restrictions, feel free to contact the work comp administrators to discuss.
- Let JWF know if you will be able to work with the restrictions.

Time Recording

Medical Appointments: Use of "WC"Code for MD and P.T. Appointments

- The "WC" code is used to pay an employee when they attend a Work Comp MD or PT appointment <u>during scheduled work time.</u>
- On the day of injury the employee might have three codes on their timecard Reg worked time, "WC" time for the time they spent at the clinic or hospital, and sick time if they are required to, or choose to go home for the rest of the day.

Follow-up appointments:

- Except for the day of injury, there are limits on the amount of time used as "WC"time.
 - o The employee may use a maximum of **2 hours** "WC" time for a local appt.
 - The employee may use a maximum of 4 hours "WC" time for an Indianapolis or Kokomo appt
- This provides transportation time to and from the appointment and at least an hour for the appointment. If the appointment takes longer due to x-rays or other procedures, please contact the Worker's Compensation Administrator so that the additional time can be verified and approved.
- If the employee is scheduled to work, they may be paid "WC" time for their appointment.
- If an employee is scheduled to work, has a follow-up appointment, and chooses to go home before or after the appointment when the department has work for them within their restrictions, it is up to the employee's department to determine if the employee is allowed to take vacation time or other paid time for the time outside of the appointment.
- If an employee has an appointment scheduled for a day off or when a vacation day is scheduled, the "WC" code cannot be used.
- "WC" code is not used to cover an absence from work due to a restriction or MD order.



- Time Recording Off Work -- Summary of Work Comp Pay Procedures for Hourly Employees
- Day of Injury -- reg time worked, WC code for time at medical provider, Sick time if sent home for remainder of day
- Day 1 7 -- Waiting period -- Employees use sick time
- If the employee is off work under a doctor's order due to the injury, the first 7 calendar days of absence is counted as the Waiting Period for Work Comp. If the employee is injured on 1/1, their WP would be 1/2 thru 1/8. Work Comp benefits would start on 1/9.
- By default, the employee will use sick leave during the waiting period.
- If it is an FMLA leave, the employee has the option to not use their sick leave.
- On the FMLA paperwork, in the section under "Pay Direction," it states: "The University will automatically use sick leave for the seven (7) day waiting period."
 If sick leave has been used, and the employee did not want it used, the employee will have 30 days from the first day of the waiting period to submit a rquest that their sick leave be reinstated. The employee should make the request to their supervisor or the business office that handles their payroll.
- Day 8 21 -- Work Comp pays and employee can supplement with Sick time or Vac time.
- On Day 8 of absence, Work Comp benefits start. For hourly staff their timecard would indicate 5.3 hrs/day of unpaid time (FMUP or ABUP). The employee has the OPTION to supplement their benefit with 2.7 hours of sick leave, vac, or personal business days.
- OR they may choose not to supplement and would have 8 hrs of unpaid time. It is unpaid by the University Payroll because the employee receives their check from JWF, the company that handles our Work Comp.
- Day 22 89 -- If covered by Short Term Disability, employee is unpaid by the University. They
 get a check from JWF and one from Cigna.
- After 21 days, if eligible, Short Term Disability should begin. Then the timecard should indicate 8 hrs/day of FMUP. The employee will receive 5.3 hrs/day from JWF as work comp benefits and 2.7 hrs/day from Cigna as STD. The work comp and STD checks come from the insurance companies, not from Purdue. That is why the hours are listed as UP on the timecard.

Work Comp is always FMLA if the absence is over 3 days unless the employee does not qualify for FMLA.



Medica	ıl Provide	r Listing
Non-Emergency Follow-Up Care/Treatmer	nt	
IU Health Arnett Occupational Health (765) 448-8708 2600 Greenbush St. Dr. C. Griffin & Dr. D. Greeson Hours: 8am – 5pm	OR	Regional Occupational Care Center (765) 446-2450 (ROCC) 1321 Unity Pl., Suite A Dr. Libby Riggs & Dr. Jamie Kondelis Hours: 8am – 6pm M-F
Use the Urgent Care and Immediate Care Ce	enter if the	facilities above are closed:
IU Health Arnett Urgent Care 253 Sagamore Pkwy West Ph: (765) 448-8000 Hours: 7am - 9pm 7 days/wk 8am - 8pm holidays IU Health Arnett Urgent Care 1 Walter Scholer Drive (off Old US 231) Ph: (765) 448-8000 Hours: 8am - 8pm 7 days/wk Closed on major holidays	OR	Unity Immediate Care Center 1321 Unity PI., Suite B Ph: (765) 446-1362 Hours: 8am - 8pm 7 days/wk Except Christmas Franciscan Express Care 1501 Hartford St. (old St. Elizabeth Central Emergency Rm) Ph: (765) 423-6850 Hours: Noon – 10pm 7 days/wk Franciscan Express Care 915 Sagamore Pkwy West Ph: (765) 463-6262 Hours: 8am – 8pm 7 days/wk
Use the hospital emergency rooms if it is a tr	ue emerge	
Emergency Care		
St. Elizabeth East 1701 S. Creasy Lane (765) 502-4000	OR	IU Health Arnett 5165 McCarty Lane (765) 838-5100
Worker's Compensation Administrator for	Purdue	1
JWF Specialty		
Claim rep: Christie Nygaard Phone: (800) 359-6659 or (317)	706-9591	Fax: (317) 706-9791



that require prompt action.

Medical Trans	portation Flowchart
Examples of Injuries	
If:	Then:
Abrasions, bruises, minor lacerations	OK to be driven by supervisor or a designated
Punctures, splinters	employee in a University vehicle.
Minor burns	Transport to designated medical facility
Dirt or dust in the eye	
Sprains, strains	
Repetitive motion injuries	
Rashes	
Examples of More Severe Injuries	
If:	Then:
Chest Pain	
Shortness of breath or difficulty breathing	Call 911 from any phone and tell the operator that the injury is on the Purdue University campus.
Diabetic emergencies	and injury to on the Fundade Crimerolty Campus.
Loss of consciousness, combative, or confused	 In Lafayette/West Lafayette they will transfer you to the Purdue dispatcher.
Head injury or serious blow to the head	the Furdue dispatcher.
Uncontrolled bleeding	3. Transport to local hospital ER
Fractures and dislocations	
Falls from height or down stairs	
Injuries of the spine neck or back, severe back pain	
Eye injuries / chemicals in the eye	
Chemical burns	
Any injury that causes severe pain	

Whenever there is doubt about the severity of an injury, err on the side of caution and call for an ambulance.



Example: First Report of Injury Form



FIRST REPORT OF INJURY

Supervisor Name: Eleanor Smith Supervisor Telephone:	Employee Name:	Department Number:	NFORMATION Date of Hire:	Door	employee work in Physical
Supervisor Name: Eleanor Smith Supervisor Telephone: (765) 494-6666 Person Completing Form: Eleanor Smith INCIDENT INFORMATION Time of Event: 12:05 PM Cannot be Determined What was the employee doing just before the incident occurred? Pouring stripper solution on floor How did the injury occur? Turned to get mop bucket and feet went out from under her What part of the body was affected? Hand What object or substance directly harmed the employee? The floor In what building did the incident occur? (If Applicable) HAAS What is the exact location of the incident? 1st floor stairway, south side Do you expect the employee to lose work beyond the date of injury? Were there any witnesses? If YES, what was the last day worked? If YES, what was the last day worked? If YES, what was the last day worked? If YES, list witnesses: If YES, list witnesses:		F196 7		or 7onor?	
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ATTENTION: This form contains information relating to employee health and must be used in a manner that protects the confidentiality of employees to the extent possible while the information is being used for occupational safety and health purposes.



Example: Worker's Compensation Witness Report Form



Worker's Compensation Witness Report Form

lam	ne of injured employee: Janet Doe
lam	ne of witness: John Argos
ocs	ation where incident occurred: HAAS, 1st floor stairway, south side
)ate	of incident: March 16, 2016 • Time of incident: Around noon
1.	What were you (the witness) doing at the time of the incident? Stripping floors
2.	How and when did you become aware of the incident?
	Was working in same room with Janet when she fell.
3.	What did you hear at the time of the incident?
	Heard her gasp and heard her hit the floor.
4.	Describe what you saw at the time of the incident:
	I was working on the other side of the room from Janet and had my back to her. I heard her gasp and heard something hit the floor. When I turned around, Janet was lying face first on the floor. I asked her if she was ok and she said she hurt her hand.
5.	Who else was present?
	No one except Janet and I
6.	Please relate any additional information you have pertaining to the incident:
	I helped clean the stripper off of Janet's hands so she wouldn't get burned. Then called my supervisor to come and help.
	h /
Vitne	ess's signature: John Grada • Date signed: 3/16/16



Restriction Slip Requirements

A well-written restriction slip contains the following:

- 1. Is written on letterhead paper (something that identifies the provider)
- 2. Is dated when it is written
- 3. Is signed by the provider (preferably the MD. If it is a permanent restriction it is best to insist that it is signed by the MD).
- 4. It indicates the duration of the restriction.
- 5. The restriction is written indicating what physical activities the MD is limiting for the employee, not what job they can or cannot do. (Bending, squatting, standing, walking, lifting.)

Defining Questions

Are they being limited in frequency, weight, or ability to work in temperatures below 35 degrees or above 90 degrees?

May the activity be performed continuously, intermittently, seldom, or not at all?

Examples of unacceptable descriptions:

"No snow shoveling,"

"No lifting tables,"

"No floor scrubbing,"

Examples of acceptable descriptions

- May lift up to 20 pounds.
- May lift up to 20 pounds less than 5 times per shift.
- May lift up to 15 pounds 33 times per shift.
- May lift up to 10 pounds 200 times per shift.
- May not physically exert himself at ambient temperatures of less than 35 degrees for greater than 15 min at a time or greater than twice per shift.
- A break of a minimum of one-half hour between the episodes of outside work should be allowed.

<u>It is up to the employer</u> to review the restrictions and determine what work is available for the employee within the restrictions.



Additional Resources

Websites

Vice President for Human Resources Worker's compensation

https://www.purdue.edu/hr/Benefits/currentEmployees/workersComp/wc.html

REM Home Page

https://www.purdue.edu/ehps/rem/index.htm

Contacts

At Purdue:

Worker's Compensation/Return to Work Administrators

Deborah Popa, RN, BSN, COHN-S

E-mail: dpopa@purdue.edu

Ph: (765) 494-0306

Cindy Guy, RN, BSN

E-mail: guy3@purdue.edu

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Ph: (765) 494-0306 Ph: (765) 494-7388 Fax: (765) 496-1657 Fax: (765) 496-1657

JWF Specialty

WC Claim Specialist

E-mail: christie.nygaard@jwfspecialty.com

Ph: (317) 706-9591 -- direct line

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